

21.1KM



21.1KM Course

1st Lap 6.1km

Laps 2,3,&4 = 5km Loop

Only on your 1st Lap

Do you go to Big Rock

And return back to

and continue on the loop

Basically its 4 loops of

The main 5km loop

but on lap one you add

the extra 1.1km Required

By doing 550M out and back

To the Big Rock carpark

