

NOTES FOR JUNCTION MARSHAL IF ROLE FILLED

31, 32 & 33 Circles relate to 42km and 50km approx distance but may vary a little, so just a guide

COURSE MARSHAL NOTES WHEN MARSHAL IS AVAILABLE ELSE FOLLOW SIGNAGE AND NOTES AT THIS JUNCTION

The 50km and 42km runners will arrive a second time from the direction of the start. This will be when they have already run approximately 32km. When they arrive the 2nd time they turn left and head down to the Chute Track the 42km have approx 10km out this way to complete before returning and heading to the finish. The 50km have approx 16km out there to complete before returning and heading to the finish.

NO runners should turn left until just before 11am. So when 21km slower runners are approaching there the first time there might be a 50km runner among them, so you need to look out for them with Purple or Red Bibs. Remember bibs are colour coded as per arrows.

2nd time out & back
42km & 50km Only

1st time out & back

ALL runners arrive here the first time on way out from start at approx 2km and go straight ahead 1st time that means they will arrive around:
 7:40 = 50km
 8:40 = 42km
 9:40 = 30km
 10:40 = 21km
 11:40 = 10km
 they will return at different times depending on distance they run. As runners come back they also go straight ahead. You will start to have some runners returning while the 21km and 10km are on the way out the first time, so a bit of two way traffic.

Its very simple really. You all go straight through in both directions the first time you do your out and back. ONLY the 42km and 50km turn left the second time they do their different out and back section of the course.



START / FINISH

1

31

32

3

CAMELS HUMP