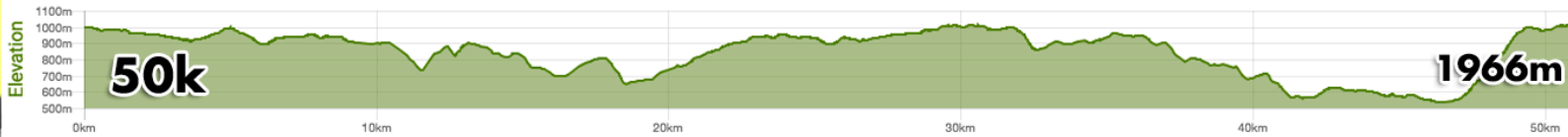
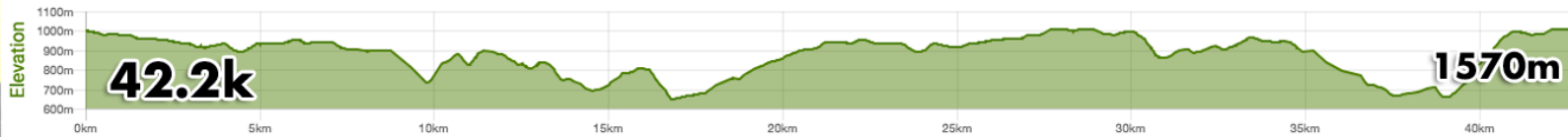
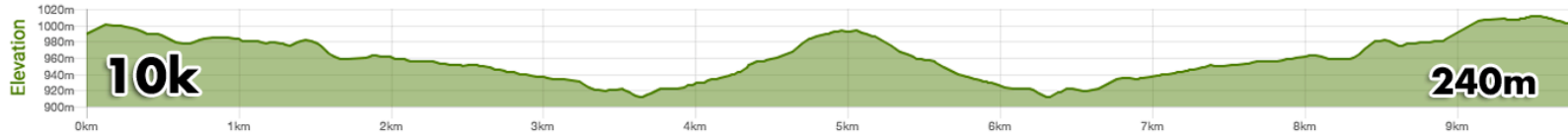




COURSE ELEVATIONS



Mt Macedon 50km

- sport* running
- distance **51.01 km**
- energy **19280 kJ**
- ascent **1966 m**
- descent **1958 m**

Mt Macedon Marathon

- sport* running
- distance **42.73 km**
- energy **15104 kJ**
- ascent **1569 m**
- descent **1571 m**

Mt Macedon 30km

- sport* running
- distance **30.16 km**
- energy **11368 kJ**
- ascent **1107 m**
- descent **1105 m**

Mount Macedon 1/2 Marathon

- sport* running
- distance **21.37 km**
- energy **7561 kJ**
- ascent **670 m**
- descent **662 m**

Macedon 10km

- sport* running
- distance **9.81 km**
- energy **3478 kJ**
- ascent **243 m**
- descent **232 m**