



# 30KM

## INSET 1st - 5th km 28th - 30th km

START WITH HENDERSON LOOP ROAD  
HENDERSON HILL THEN OVER DAM WALL  
TO THE START @4KM, THEN  
HEAD BACK OVER THE WALL  
TO DONNELLYS WEIR

Start



## UPDATED COURSES FROM 2025

Gain: 1444 m Loss: 1444 m



Maroondah Dam 2025 30km  
Healesville, VIC

