



EVENT GUIDE

2025



GARMIN.



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What is Trail Running? 🌿👟

Trail running is all about **leaving the concrete behind** and diving into nature. It takes you off the busy streets and onto winding paths through **bushland, forests, hills, and valleys**—giving you a chance to soak up the beauty of the outdoors while enjoying a fresh, exciting challenge.

Every trail is a little adventure! You'll encounter all sorts of terrain:

- 🌱 Uneven surfaces
- 📏 Tree roots and sticks
- 📏 Rocks big and small
- 💧 Washed-out or sandy sections
- ☀️ And sometimes even a sunbaking lizard or a bounding kangaroo!

It's wild, wonderful, and always changing.

But with that adventure comes responsibility. Trail running requires you to be a bit more alert and prepared. Make sure you have:

- **Good trail shoes** for grip and support can help
- **Weather** appropriate clothing for comfort and safety
- **Water and nutrition** to stay fuelled
- **A keen eye** for your surroundings and any wildlife you might share the trail with

Whether you're new to the trails or a seasoned runner, your safety and enjoyment start with being ready for the journey.

Acknowledgement of traditional land inhabitants.

Aboriginal Connection to Woodlands Historic Park

Woodlands Historic Park sits on the traditional lands of the **Wurundjeri Woi-wurrung People** of the **Kulin Nation**, who have cared for and lived in harmony with this land for tens of thousands of years. The Wurundjeri People have a deep spiritual, cultural, and physical connection to Country — including the grasslands, woodlands, and waterways that flow through the area.

This land was a place of gathering, hunting, ceremony, and seasonal movement, and it remains rich with stories, knowledge, and traditions passed down through generations. We acknowledge the Wurundjeri People as the Traditional Custodians of the land on which the Woodlands Trail Run takes place.

We encourage all visitors to take a moment to reflect on this enduring connection as you walk or run the trails creating your own adventure and piece of history and connection.

The event organisers would like to acknowledge the traditional occupiers of the land we meet and explore this weekend, while creating our own adventures, the **Wurundjeri Woi-wurrung People** of the **Kulin Nation**, Wominjeka - Welcome.



Welcome to Woodlands Park Running Festival 2025! 🦘🦙✈️

– Another awesome Trailsplus adventure –

We're thrilled to welcome you to the **3rd edition** of the **Woodlands Park Running Festival**, a truly special event in a truly unique place.

Just a stone's throw from the city and nestled under the flight path of Melbourne International Airport, Woodlands Historic Park feels like a world away. As you make your way along the trails, look up—you might spot the flying kangaroo soaring above. But don't forget to look around too, because you'll be sharing the course with around **2,000 real kangaroos** roaming the open paddocks and bushland beside you.

Woodlands isn't just home to wild locals—it's also where retired racehorses from across the country come to enjoy their well-earned rest at **Living Legends**, a charity we're incredibly proud to support through this event. These gentle champions live out their retirement in peace and comfort, surrounded by nature and cared for with love.

At Trailsplus, our mission is simple: **create safe, friendly, and inclusive events** that invite everyone—whether it's your first 5km or your fiftieth ultramarathon—to discover the joy of trail running. With event options from 2km to 50km, we celebrate every runner's personal challenge and success. After all, crossing the line of your first 5km can feel just as powerful as finishing a 50km ultra.

Since 2007, we've proudly supported **CanTeen**, raising over **\$80,000** for young people living with cancer. And now, with Woodlands Park joining our race calendar, we're equally proud to support **Living Legends** and the legacy of our equine heroes.

This park is more than just a place to run—it's a sanctuary. Home to echidnas, Eastern Barred Bandicoots, kangaroos, native birds, reptiles, and of course, those magnificent retired horses, it's hard to believe you're still on the edge of suburbia.

As you run, remember you'll be sharing the space with other park visitors. Some may be out walking, some in groups—please be patient, kind, and polite as you pass. Let's show everyone what makes the trail running community so special.

Before you head home, make sure to swing by the **historic homestead and café**—it's a lovely way to top off your Woodlands adventure.

From all of us at Trailsplus:

Thank you for being here.

Good luck on your journey, whether it's short or long.

And above all, **have fun out there**—even in those tough moments. They're part of what makes the finish line so rewarding.

See you on the trails,

Brett Saxon

Race Director – Trailsplus



Be a legend on the trails and create awesome adventures .

A Big Shout-Out to Our Volunteers! 🙌❤️

To all the amazing volunteers—**thank you!** You're the heart and soul of what makes Trailsplus events so special. Your energy, support, and friendly vibes help create the relaxed, welcoming atmosphere we're so proud of. Our grassroots spirit truly shines because of you!

We couldn't do this without our volunteers, so when you see them out on course or at the finish line, give them a smile, a wave, or a big **thank you**—they're out there to help you have your best day.

🎉 **Got a friend or family member coming along on race day?** If they're keen to lend a hand, we'd love to welcome them to the crew! Just give us a heads-up so we can slot *them into the plan*.

Running for a Cause “CanTeen” ❤️

At every Trailsplus event, we're proud to support **young people living with cancer** through our ongoing partnership with **CanTeen**.

Thanks to the amazing support of our trail running community, we've now raised **over \$80,000** in donations for this incredible organisation!

Every step you take helps make a difference—so thank you for being part of something bigger with Trailsplus.

Getting to Woodlands Historic Park

Getting to Woodlands Historic Park – Especially for Our Southern and Eastern Suburb Runners

If you're coming from the **South or East of Melbourne**, we want to make sure your journey to Woodlands Historic Park is nice and smooth.

📌 **IMPORTANT:** Please **enter the park via Oaklands Road**, turning into **Woodlands Drive**. This is the only event access point and is located near the **aircraft viewing area** on the **northern side of Melbourne Airport**.

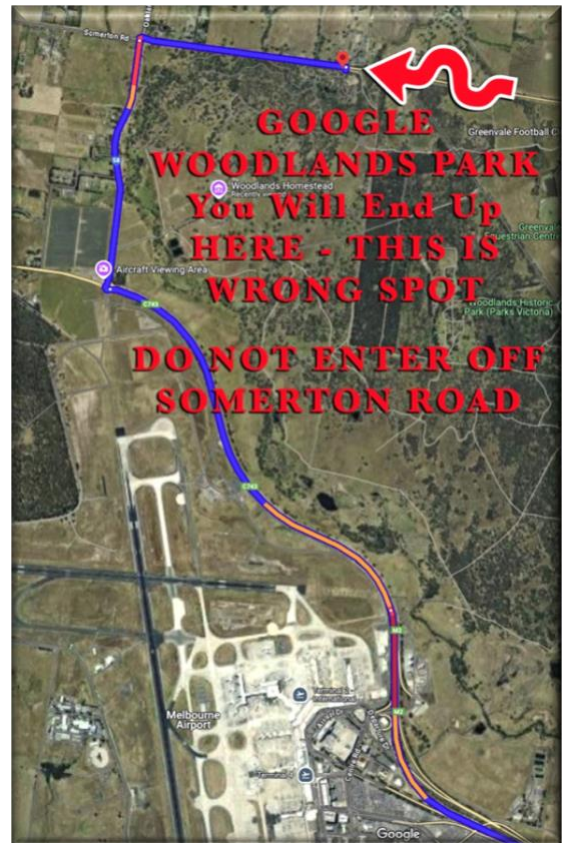
Simple Directions:

- Make your way toward **Melbourne Airport**. Continue toward Bulla / Sunbury.
- From the Tullamarine Freeway (M2), take the **Oaklands Road exit** at the large roundabout, the entry is only 100M from the roundabout.
- Follow **Oaklands Road** until you see **Woodlands Drive** – turn in here.
- You'll see signs and volunteers helping guide you into the event area.

🛑 **Do not enter from any other side of the park.** The Oaklands Road entry is the only official event entrance.

We know our North and Western locals probably have this nailed — but for everyone else, now you're in the know too!

Safe travels, and we can't wait to welcome you to the trails at Woodlands!



Where to Park 🚗

All event parking is located **below the Living Legends Homestead**.

❌ **Please do not park in the homestead car park** — this area is reserved and not for event use.


✅ Follow the signs and the directions of our **friendly volunteer marshals**, who will guide you to the designated **grass parking area**.

Let's work together to keep things running smoothly and respectfully for all park users.
Thanks for your cooperation!



Check In Registration Race Schedule

All race bibs must be collected **on race morning** at the **Check-In / Registration area**, located **below the café near the big tin shed**.

 **Please note:** We **do not post** race bibs prior to the event — **you must collect yours on the day**.

Arrive with enough time before your start to check in, get your bib, and get ready to enjoy a great day on the trails!

Race Day	Checkin / Bibs	Pre Race Brief	Start
Sunday	OPENS FROM	MUST ATTEND	READY SET GO
50km	07:00	07:45	08:00
42.2km	08:00	08:45	09:00
21km	08:30	09:45	10:00
10km (Dogs)	09:00	10:15	10:30
10km	09:30	10:45	11:00
2km	10:00	11:15	11:30
5km	10:30	11:45	12:00

Merchandise

We'll have a range of merchandise available at the event, including:

- Technical running tops
- Soft casual wear tops
- Headwear buffs
- A variety of past event designs and race shirts from the 2024 series
- New 2025 series gear (when delivered)

If we don't have your size on the day, you're welcome to place an order. We can post it out to you (postage fees apply), or you can collect it at a future Trailsplus event.

Please note: Items shown at the event are samples and availability may vary.

WildBoar Tech2025	Maroondah Tech2025	Mtn Series Tech2025	Woodlands Tech2025..	Mtn Series Tech 2024	Trailsplus Beanie	Silicone Cup
						

Changing Event

Need to switch to a different event distance? No problem! Here's how it works:

👉 Upgrading (to a longer distance):

You'll pay the difference between what you originally paid and the *current* entry price of the new distance, plus a **\$10 admin fee**.

Example: You paid \$30 during the opening special and now the entry is \$45 — you'll pay **\$25 total** (\$15 difference + \$10 admin fee).

👉 Downgrading (to a shorter distance):

If the shorter distance now costs more than what you originally paid, you'll pay the difference, plus the **\$10 admin fee**.

Example: You paid \$30 early for the 10km, but the 5km now costs \$40 — you'll pay **\$20 total** (\$10 difference + \$10 admin fee).

✅ How to change:

Once you know your fee, head to our [Event Change Portal](#) and complete your payment.

Got questions? We're happy to help!

Event Photos

Keep an eye out—there may be a few photographers out on the course capturing the action and the smiles!

Photos from the day will be uploaded to the **Trailsplus Gallery** a few days after the event. We'll send out an email update when they're ready, or you can head straight to our website and click on the **Gallery** tab to find yourself in action.

Whether you were flying up the hills or cruising through the flats, we hope you spot a great shot to remember your day!

Presentation Process

We aim to hold presentations **within 15 minutes** of the podium places being confirmed, though timing can vary a little on the day.

🎁 If there are **prizes** awarded for podium finishes, please note that **you must be present** to receive them.

If you need to leave before the presentation, feel free to **collect your trophy early** from the team so you don't miss out.

Thanks for celebrating with us, and congrats in advance to all our amazing finishers!

Trekking Poles

Trekking poles are **welcome** on course!

If you choose to use them, please be **mindful of other runners**—especially in busy sections and at the start. Be aware of your surroundings and use poles safely to avoid accidental contact with others.

Trophies for Podium Places

We love celebrating our runners' achievements!

Trophies are awarded to 1st, 2nd, and 3rd place finishers in both **male and female** categories for each event distance.

While **age group rankings** are included in the official results, please note that **there are no separate age group presentations**.

Well done to everyone giving it their all out there!

Event Timing – Results

Live results will be available throughout the day!

As soon as you finish, head to the **Trailspplus website** and click the **Results** button. From there, you can:

- View your own finish time
- Check out the **top 3** in each event
- Browse the **full list of finishers**
- Explore other result reports and rankings

It's a great way to celebrate your effort and see how your fellow runners did too!

Dogs Are Welcome!

Well-behaved dogs are **welcome at the event**, and we love seeing our four-legged friends out on the trails!

If you're up for it, consider entering the **10km Dog Division** – it's a fun way to run with your pup and be part of the action.

 **A few important things to note:**

- Dogs are allowed in other distances too, but **certain rules apply**.
- For safety and fairness, **you can't qualify for a podium place if your dog gives you a helping paw** (aka pulling assistance).
- Please **check with the event organiser** before race day to make sure you understand all the dog-friendly guidelines.

Let's keep the event safe, fun, and fair for everyone – humans and hounds alike!

Our Event Medic 🏃‍♀️

Your safety is our priority! We'll have a qualified **event medic on site** throughout the day to help with any medical needs — big or small.

For 2025, we're lucky to have the **awesome Chloe** as our event medic. Whether it's a minor scrape, a sore muscle, or something more serious, please don't hesitate to seek her help.

Look after yourself out there, and remember — it's always better to get checked out than to push through discomfort!

Your Race Bib – Number 🏃‍♂️

Please note: **Race numbers are NOT posted out.** You must collect your bib at the **check-in area** as detailed in your check-in information.

Your race bib includes an **electronic timing chip**—this is how we track your progress on the course and record your official finish time.

Important:

- Do **not** alter, fold, or cut your bib.
- Wear it **on the front of your torso**—not on your leg or back.
- If you use a race belt, the bib must still be **clearly visible at the front**.

Bib colors correspond to different distances for easy identification by officials. Sometimes, spare bibs are used, so colors might vary depending on availability.

Thanks for helping us keep things running smoothly!



Timing Chips 🕒

After you cross the finish line, our volunteers will **collect the timing chips** from the back of your race bib. This involves a small cut to the plastic pouch to remove the two chips.

Please **do not leave with your timing chips**—they are the property of Trailsplus.

If you accidentally take them home, please **return them by post within one week** to avoid a replacement fee.

Medals 🏅

Every finisher receives a medal to celebrate their achievement!

On rare occasions, we might run out of medals on race day. If that happens, don't worry — we'll post your medal to you after the event.

Medal designs and colors may vary depending on the distance or placing, making each one unique and special.

Wear it with pride — you earned it!



Lost or Left Property 🧳

If you leave any belongings behind at the event, we'll keep them safe for **two weeks**.

It's up to you to arrange to collect your items within that time.

After two weeks:

- Clothes will be washed and donated to the Salvos.
- Food items, drink bottles, flasks, and perishable goods will be disposed of.

Please double-check your gear before you leave to avoid missing anything!

No Cup Event ♻️

As proud long-term supporters of our environment, we're a **no single-use paper or plastic cup** event at all aid stations.

If you want to enjoy water, electrolytes, or Coke (for our ultra runners!), please bring your own **cup or bottle**—your hands just won't do!

Thanks for helping us keep the trails clean and green!



Silicone Reusable Collapsible Cups 🥤

We'll have a limited number of these handy reusable collapsible cups available on race day for just **\$5** each.

However, we **highly recommend bringing your own reusable cup or bottle** to use at the aid stations.

(Cup logos may vary depending on availability.)

Stay hydrated and help reduce waste,

thanks for joining us in caring for the environment!



Aid Station Drop Bags 50km & 42.2km Runners 📦

If you're running the 50km or 42.2km distances, you can take advantage of our **drop bag service** (where available).

Near check-in, you'll find bins labeled with the aid station names—place your small bag or loose items (preferably named) in the correct bin.

We'll let you know the exact locations of these drop bag points before race day.

Good luck, and happy running!

Drop Bag 50km-42km Runners Estimated Locations/Distances

Location	~10km	~21km	~42km	~50km
Start Finish Pass Thru			21km	8km/29km
Back Paddock Road Junction				
Back Paddock Road Junction				
West Meadows Reserve			14km	22km
West Meadows Reserve			35km	44km

Aid Station Drop Bag Return 📦

Drop bags will be returned to the event hub **only after the aid station has closed and the course sweep has passed through**. This means faster runners might have a wait or may need to arrange alternative pick-up plans.

We hold lost items for two weeks before disposing of them.

Important, when in use:

For the **AVOCA CRES aid station** (on the Moonee Ponds Creek to Pascoe Vale section), drop bags should be **disposable throw-away bags only**. These won't be returned on race day because the aid station is managed by a local runner who lives just 100m away. We recommend placing **personal food items only** in these bags.

Lost & Left Property 🧠📁

If you leave something behind at the event, don't worry, we'll hang onto it for **two weeks**.

It's up to you to get in touch and arrange collection during that time. After two weeks:

- **Clothing** will be washed and donated to the Salvos
- **Food items** will be thrown out
- **Drink bottles/flasks** will also be disposed of

Please double-check before leaving the park — we'd love to reunite you with your gear!

Safety Requirements – A Quick Guide 🛡️

To help keep everyone safe out on the trails, please follow these simple but important rules:

- **Wear your race bib** on the **front of your torso** — it must be clearly visible at all times.
- **Only you can run with your bib** — running under someone else's name is not allowed.
- **Look out for each other** — if you see someone in need, please stop and assist.
- **Follow all instructions** from marshals and traffic management — they're there for your safety.
- **Respect the earbud/music policy** — open ears help keep you alert to surroundings and others.
- **If you don't finish your event, you must let an official know** — failure to do so could trigger a search & rescue effort, and associated costs may apply.

Thanks for doing your part to keep our events safe and enjoyable for all!

Personal Belongings – Store with Care 🧰👕

We provide a spot near the start line where you can leave your gear during the event. Please note this area is **not secured**, so it's best used for **clothing only—no valuables**, please!

Trailsplus can't take responsibility for any lost or missing items, so pack light and leave the important stuff at home or with a trusted friend.

Thanks for understanding and helping us keep things simple and safe!

Tune In to Nature, Not Your Playlist! 🎵🚫🌳






At Trailsplus, we reckon the best soundtrack is the rustle of leaves, birdsong, and the patter of trail shoes on dirt. That's the magic of trail running!

Keeping your ears open helps you stay aware, connect with fellow runners, and hear our awesome volunteers cheering you on (and pointing you in the right direction!).

So go on—leave the headphones behind and soak up every sound the Woodlands trails have to offer. Your senses (and your safety) will thank you!

Recommended Gear Checklist

These are highly recommended, especially for longer distances if the weather looks wild!




-  **Mobile Phone** – Always good to have in case of emergency.
-   **Gloves and Beanie** – If it's chilly, you'll be glad you brought them.
-  **Waterproof Jacket** – A sealed seam hooded jacket is a must if there's any chance of rain.
-  **Reusable Cup or Bottle** – Remember, we're a no-cup event at aid stations.

Come prepared so you can stay safe and comfortable while enjoying the trails!

On-Course Aid Locations

Aid stations are spaced approximately every **5–8 km** and are manned by our **awesome volunteers** — don't forget to thank them!

You'll typically find:

- Water 
- Electrolyte drink
- Lollies & chocolate
- Chips & fruit cake
- Fresh fruit  

While some favourite treats may run out later in the day, **water and energy options will always be available.**

Stay fuelled, stay hydrated, and enjoy the support out on the trail!

Location of Aid Stations

Depending on available course options the following is an estimate of aid station location distances,

Location	~10km	~21km	~42km	~50km
Start Finish Pass Through				8km/29km
Back Paddock Road Junction	6.5km	6.5km	6.5km/28km	6.5km/14km/43km
West Meadows Reserve		14km	14km/35km	22km / 44km
Boeing Road, Boeing Reserve			21km/29km	22km/37km
Avoca Cres. Bridge Crossing			25km	26.5km/32.5km

Toilets

You'll find a toilet located at the **start/finish area**, just below the homestead. Portaloos will also be available at the start finish area.

There's also another toilet available at the **half marathon turnaround point**—perfect for those longer distances!

Runner Crew & Supporters 🤝

We love having your cheer squad along!

The **Woodlands Trail Run** is based at the beautiful **Living Legends Homestead** in **Woodlands Historic Park** — a perfect spot for supporters to relax and encourage their runner.

- 🏃 **Easy Access:** Supporters can enjoy the atmosphere at the homestead or take a short **1km walk** to access a nearby aid station on foot.
- 🚗 **Driving Option:** For those wanting to see runners in action further along the course, it's also possible to **drive to the Westmeadows Turnaround Aid Station** to lend your support.

Bring your energy, your encouragement, and maybe even a camp chair or picnic — and help make it a great day for everyone!

Emergency Response 🚒

Your safety is our top priority. In case of an emergency, please follow these steps:

- 📞 **Call 000** immediately if it's a life-threatening situation.
- 📍 **Report your location** and the nature of the emergency when safe to do so.
- 📱 **Contact the Race Director** — their phone number is printed on the back of your race bib.
- 🔄 **Backup Contact:** If the Race Director is unavailable, please contact the Assistant Race Director (details may also be on your bib or provided at check-in).

Stay calm, stay safe, and look out for one another on the trails.

Important Entry Reminder – No Bib Swapping 🚫

For your safety and the integrity of the event, **entries are strictly non-transferable unless arranged directly with the organiser in advance.**

- **Do not give, sell, or pass your race entry to another person.**
- Only the registered participant may run under their assigned bib.

This is a **serious safety and insurance issue**. Running under someone else's name can:

- Invalidate our permits and insurance coverage
- Compromise emergency medical response
- Lead to event disqualification

💣 **Breaches will result in both the original entrant and the unregistered runner being banned from all future Trailsplus events.**

Thanks for doing the right thing — your cooperation keeps our community safe and our events on track!

DNF – Withdrawing from event

If You're Pulling Out Early – Let Us Know! 🚩👤

If you decide to stop running before finishing your event distance, please make sure to let the Race Director or a timing official know.

This is super important for your safety—so we can account for everyone and know you're okay. If we don't hear from you, we may need to start a search, and that could lead to unnecessary rescue efforts (and potential costs to you).

So do the right thing—check in before you check out! ✅

Traffic Controllers & Marshals 🚦👤

You'll see our traffic controllers and volunteer marshals out on course, they're there to keep you safe and on the right track!



Listen Up: Please pay close attention to their instructions.



Follow Directions: They're managing traffic, trail users, and your safety.



Show Thanks: A smile, wave, or quick "thank you" means a lot to our team!

By working together, we make the day safer and more enjoyable for everyone. Thanks for being awesome!

Cut Off Times – Safety First, Flexibility Always 🕒

We list cut off times on the event website to help with planning and ensure everyone's safety. These times are generally used as a guide and are only strictly enforced in cases where a runner is significantly behind or where safety becomes a concern.



Need More Time?

If you anticipate needing **8–9 hours** to complete your event, you're welcome to request an **early start at 7:00 AM**.

Please **email us in advance** so we can make the necessary arrangements.

Our priority is to support all runners safely across the finish line — we're here to help you succeed!

Early Start Options 50km-42km Only

By prior arrangement only, you may request an early start if concerned about the duration you will be out on course. Ideally, we like to have all runners finished by 4pm.

Mandatory Gear, if it applies

Recommended Gear – Especially for Our Longer Distance Legends! 🧑🏃 ⚡

While we don't always enforce mandatory gear at our more accessible events, we *strongly recommend* carrying a few essentials—especially if you're tackling the 42.2km or 50km distances.

Conditions can change quickly out there, and some sections offer little protection from the elements. Your safety matters, so please come prepared!

At a minimum, we suggest packing:

- 🧥 A waterproof jacket with sealed seams and a hood
- 📱 A fully charged mobile phone

Check the forecast before race day and gear up accordingly—it could make all the difference in your comfort and safety on the trails!

Shoe Choice 🏃 – Be Trail Smart

At Woodlands, your **standard road shoes** can do the trick **if conditions are dry**—just take a bit of extra care on the steeper downhill sections.

But if there's been rain or morning moisture, some parts of the trail can get quite **slippery**. In those cases, **trail shoes with better grip** are the safer bet.

Our advice? **Keep an eye on the forecast** and, if you can, **bring both options** so you're ready for whatever the day brings!

Event Insurance 🛡️

Please note that the **event insurance does not cover personal injury**.

We **highly recommend** all participants have their own **personal insurance** or at the very least, **ambulance cover** in place before race day—just to be safe and prepared for the unexpected.

Your safety is important to us, so please take a moment to check your cover.

Course & Finish Line Pack Down 🧰 🏠

From around 2–3pm, we'll begin packing down nonessential course equipment and infrastructure. Don't worry—we'll always keep the finish line gantry up so you can cross in style! 🙌

However, please be aware that some elements like the finish chute and other gear may be removed as the final runners come through. Thanks for your understanding as we wind things down.

Course Markers and Signs

A variety of course direction markers and signs will be deployed along the course. Typically, we will place more markers around intersections and less along trails, especially when there is nowhere else to turn. Below are a sample of some of our signs and markers used.



Navigation – Stay on Track! 🐾

Trail running is all about adventure—but a little focus goes a long way! Navigating your way is easy if you keep your eyes peeled for the course signs and markers—they're your trail besties out there.

Hot tip: Don't just follow the runner in front of you! They might be doing a different distance and heading off in a totally different direction. 😊

To stay on course, we recommend:

- ✅ Reviewing this event guide
- 📖 Checking out the course maps
- 🕒 Downloading the GPX file from our website to your watch or device

Let the trail guide you, but make sure you're the one steering the way!

Good Luck Legends !

May your adventure be filled with challenge, triumph, laughter, and yes, even during those wonderfully painful moments. Most of all, have **FUN** out there!

Your Medical Declaration

By entering this event, you confirm that you are **physically fit and well-prepared** to participate in your chosen distance. You accept full responsibility for monitoring your own health and wellbeing before, during, and after the event.

It is your responsibility to ensure that any **medical conditions, medications, or special considerations** are clearly noted when you register. In the case of an emergency, this information helps first aid personnel respond quickly and appropriately.

If anything changes with your health prior to the event, please update your details or let us know at check-in.

Let's Keep It Safe & Fun!

By joining us for the Woodlands Trail Run, you're letting us know that you're feeling healthy, ready, and good to go! You understand that trail running is a challenge — that's why we love it, and that it comes with its own set of risks. By entering, you're taking responsibility for your own wellbeing out on the trails. If a medical professional has advised you **not** to participate for health or safety reasons, we kindly ask that you follow their advice and sit this one out. Your health always comes first. Let's make it a safe and unforgettable day out there!



Your Next Adventure: WildBoar Trail Run

After conquering the trails at **Woodlands**, why stop now?

Take the next step in your trail running journey and **unleash your wild side** at the **WildBoar Trail Run**, set in the breathtaking **Brisbane Ranges**.

It's the perfect way to keep the momentum rolling and create even more unforgettable trail memories.



[Register for WildBoar here](#) Let the inner beast run free – we'll see you out there!

Weather Conditions – Be Prepared



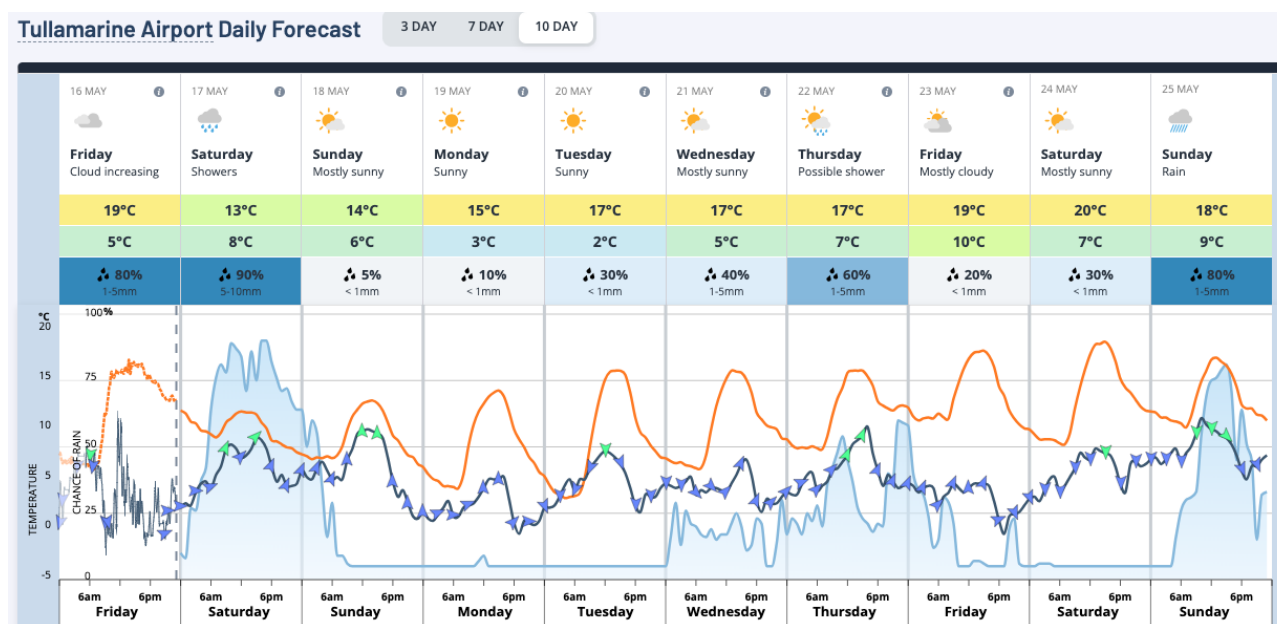
The **Woodlands Trail Run** is held in autumn, a beautiful time of year that often brings **mild temperatures and the chance of wet weather**. These conditions can create a truly magical trail running experience—as long as you come prepared!

We strongly encourage all participants to:

- **Check the weather forecast** in the lead-up to the event
- **Pack appropriate gear** for changing conditions (e.g. waterproof jacket, warm layers, spare socks)
- **Stay tuned to event announcements** for any updates or additional requirements based on the forecast

With a little preparation, you'll be able to embrace whatever nature offers and have an incredible day on the trails!

Sample May Weather below, plenty of time for it to change, we don't believe it til 3 days out



Course Maps

The maps provided are intended for use at the 2025 event. While we aim to follow the planned courses, please note that minor changes or adjustments may be made if required closer to race day.

Stay tuned for updates and be sure to check back before the event for the latest course information!

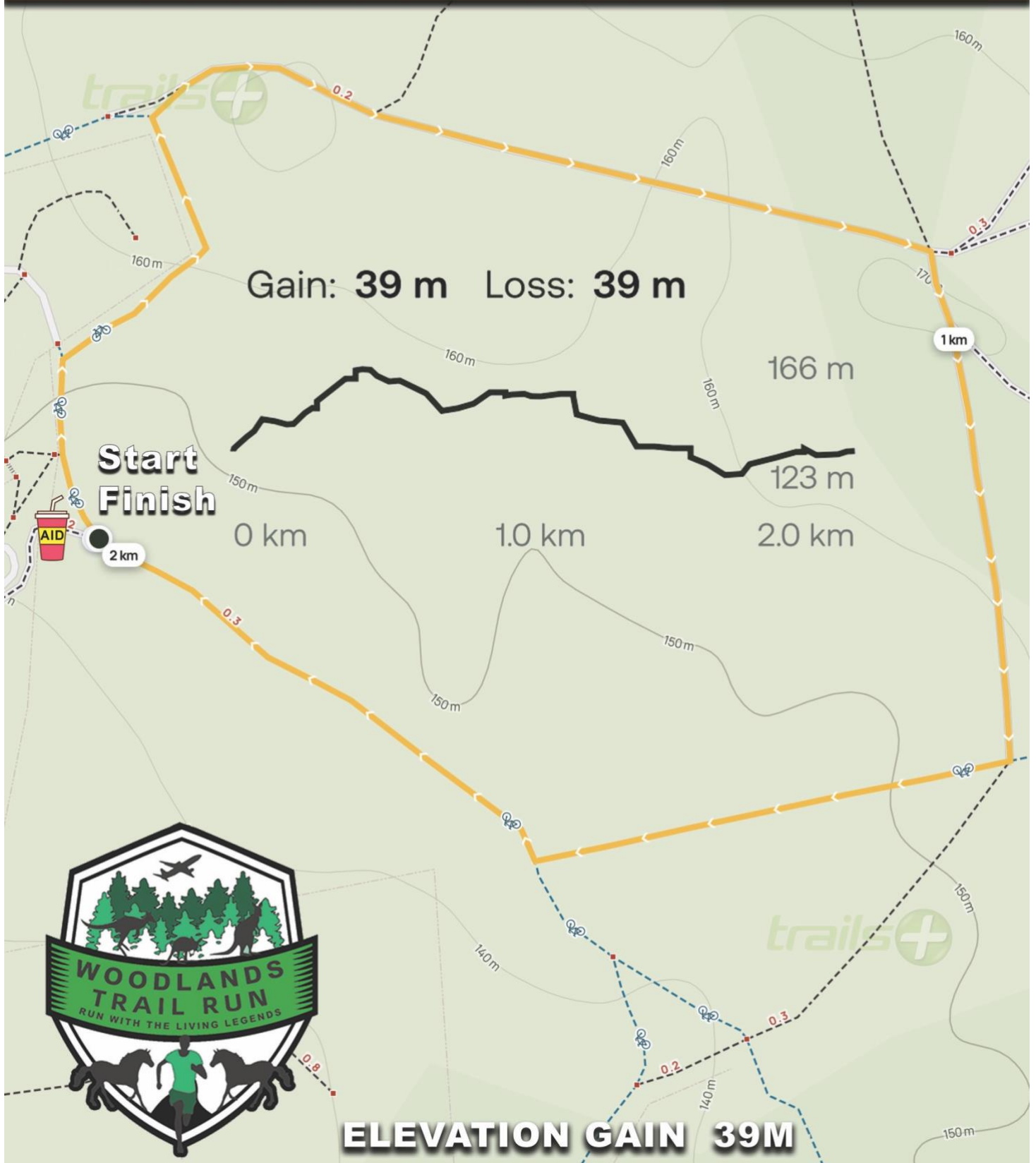
2km Map

WOODLANDS TRAIL RUN

Historic
Park

2 km

updated 2025



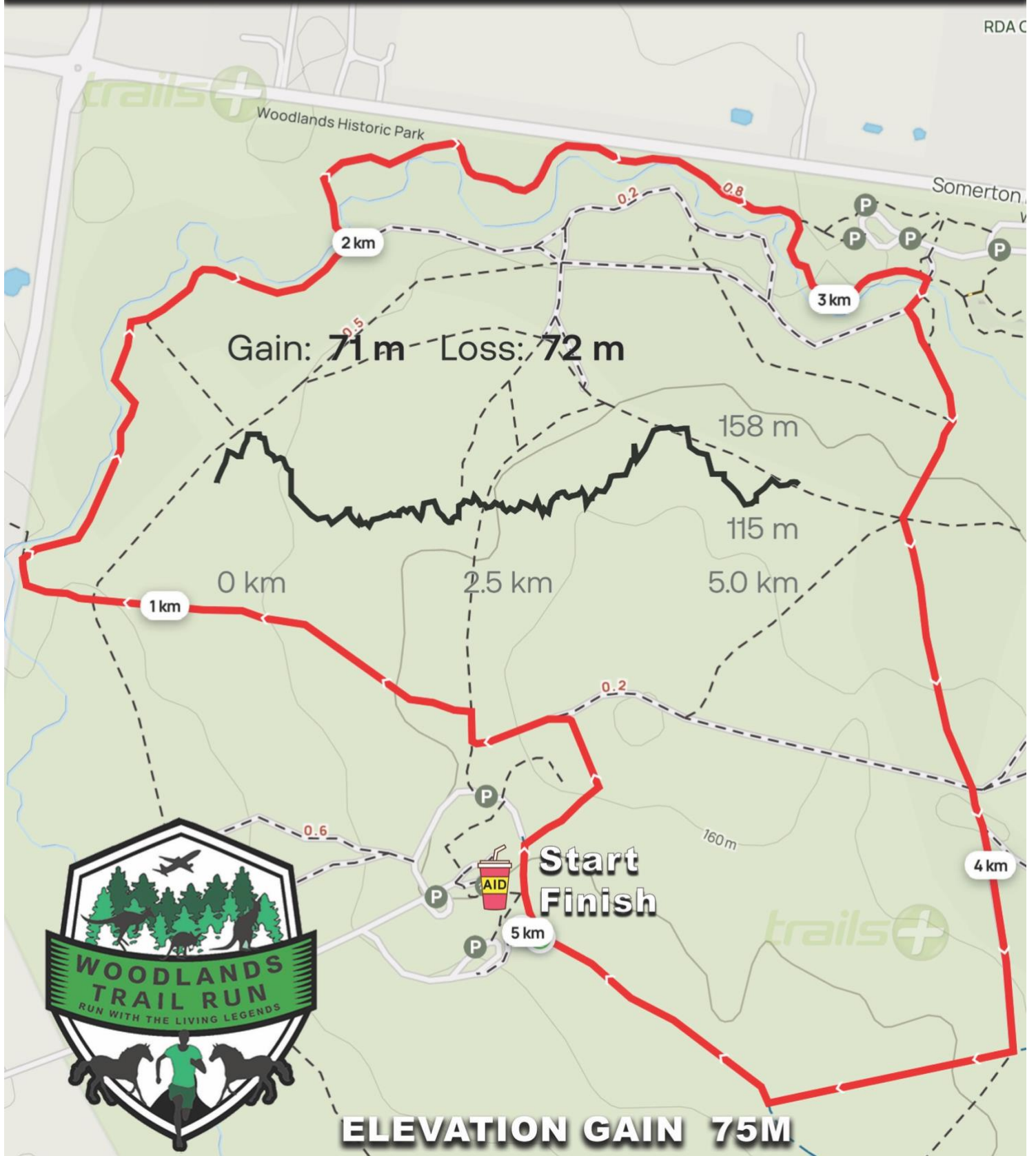
5km Map

WOODLANDS TRAIL RUN

Historic
Park

5 km

updated 2025



ELEVATION GAIN 75M

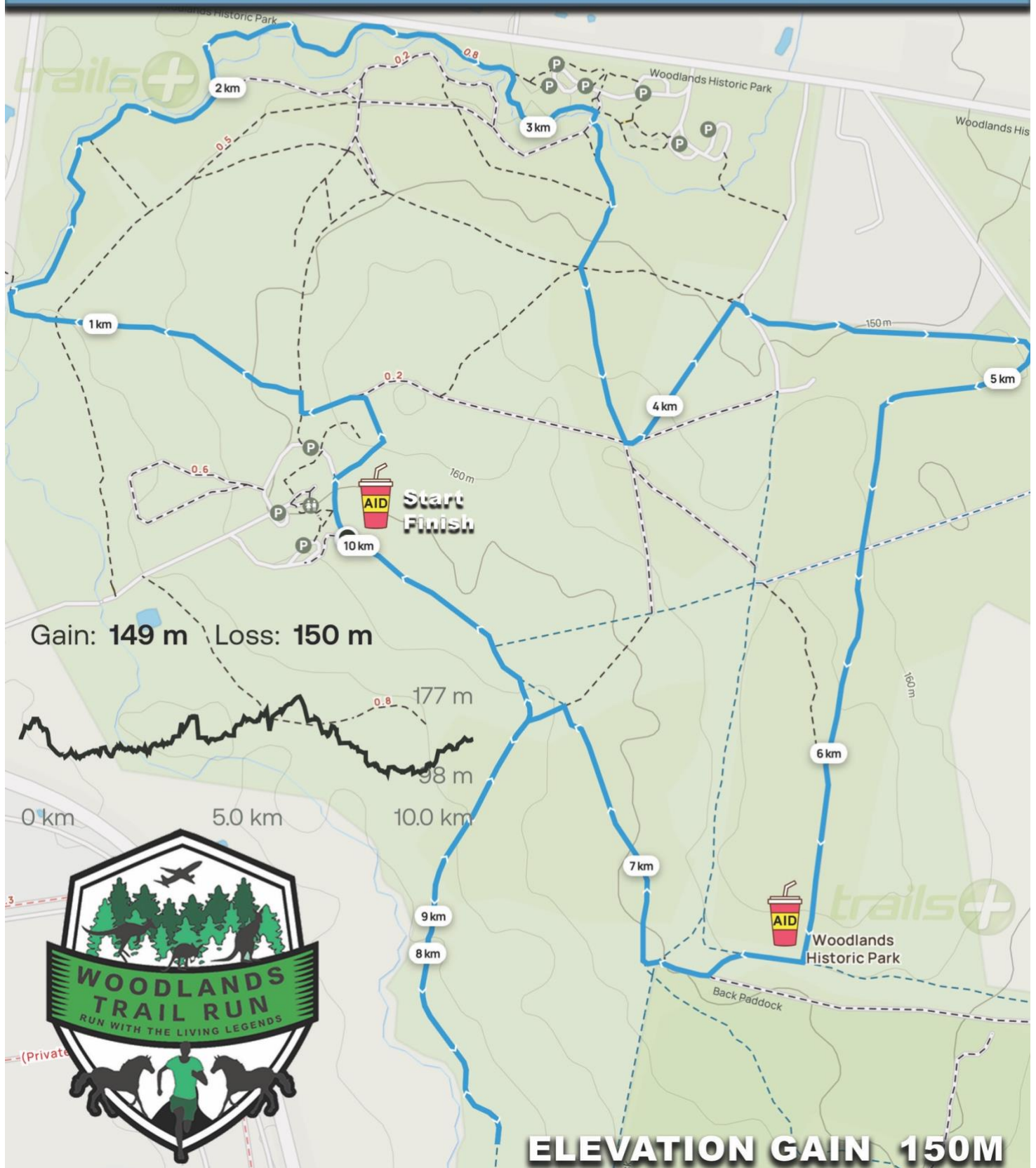
10km Map

WOODLANDS TRAIL RUN

Historic
Park

10 km

updated 2025



ELEVATION GAIN 150M

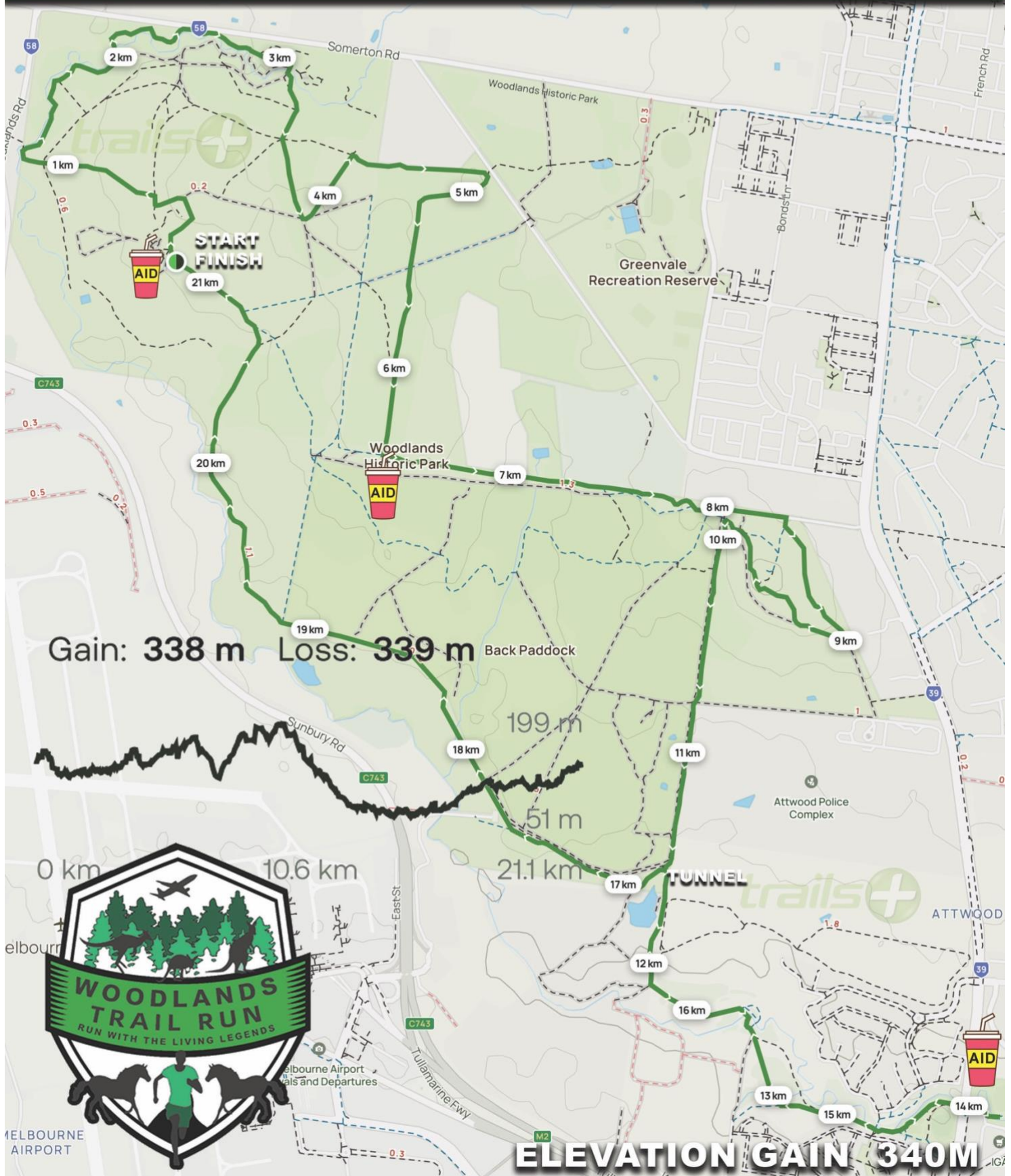
21km Map

WOODLANDS TRAIL RUN

Historic
Park

21.1km

updated 2025



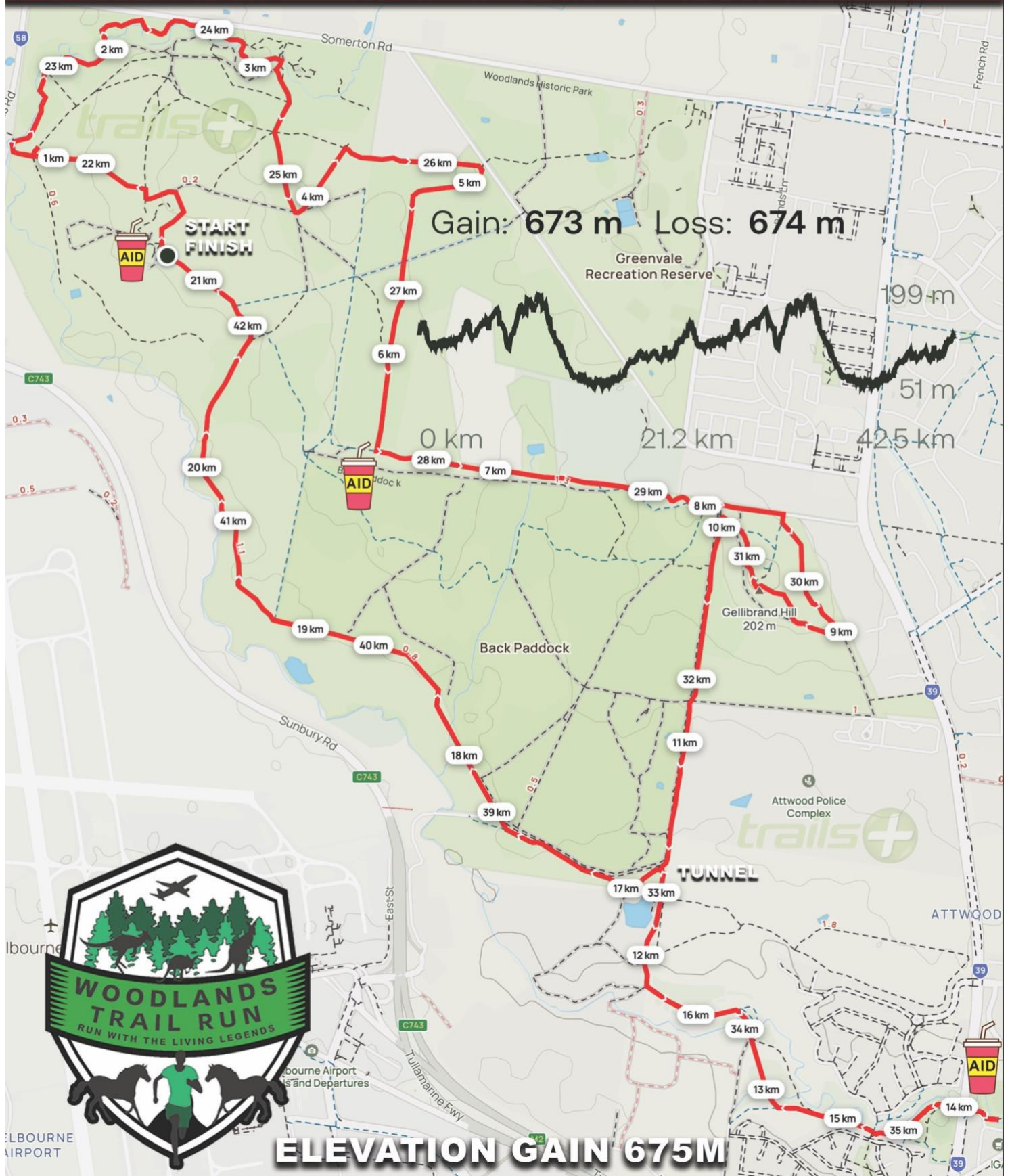
42km Map

WOODLANDS TRAIL RUN

Historic
Park

42.2km

updated 2025



50km Map

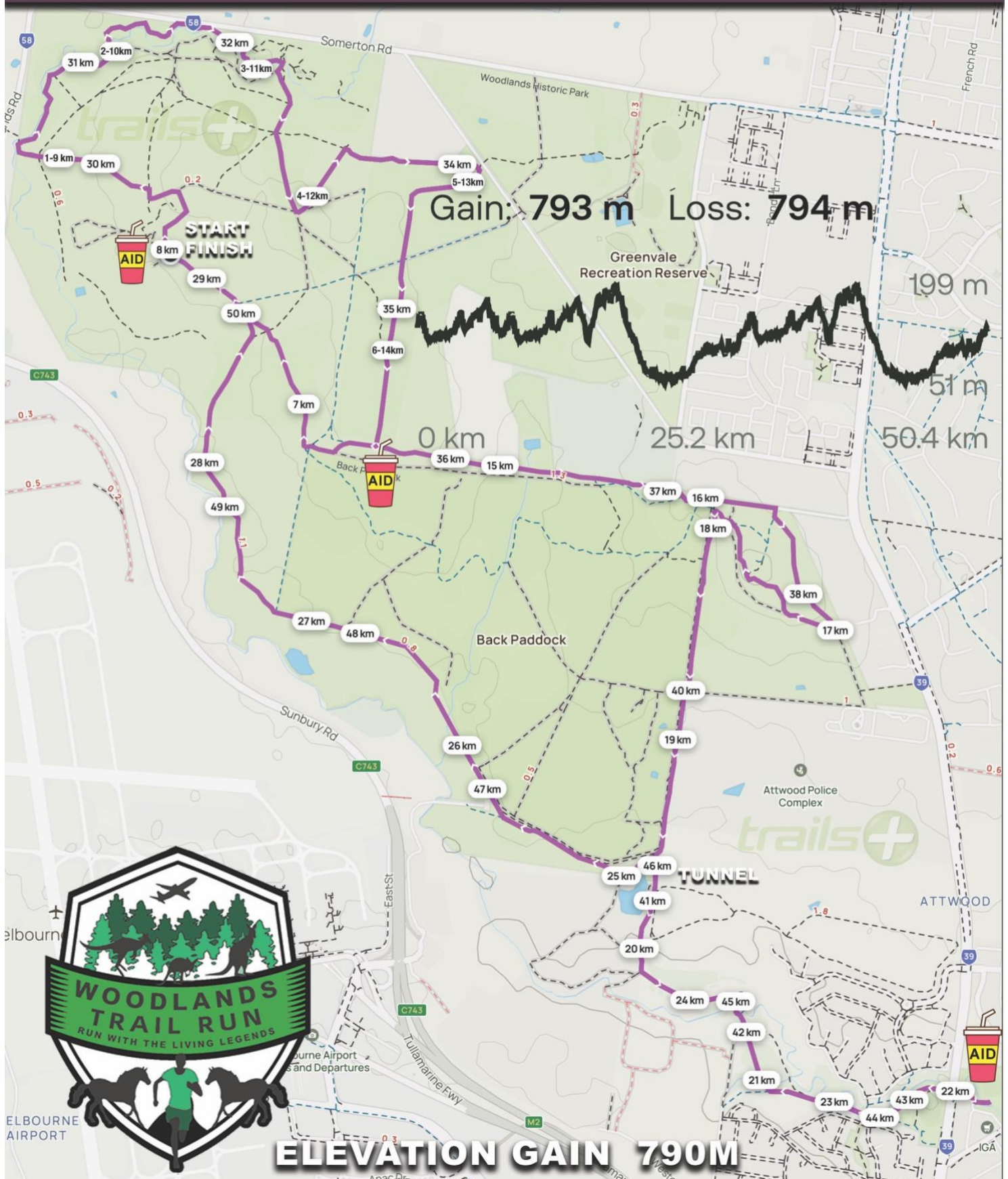
WOODLANDS

TRAIL RUN

Historic Park

50 km

updated 2025



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