















# Table of Contents

Welcome to Wild Boar Trail Run from the Event Team
Acknowledgement of Country
Volunteers4
Getting to Boar Gully Campground – Brisbane Ranges
Where to Park
Coffee and Food
Check In Registration Race Schedule
Merchandise
Changing Event
Event Photos
Presentation Process
Trophies for Podium Places
Event Timing – Results
Trekking Poles
Dogs / Animals – not permitted
Our Event Medic
Your Race Bib – Number
Timing Chips
Medals7
No Cup Event
Silicone Reusable Collapsible Cups
50km – 42.2km Runners Aid Station Drop Bags7
50km-42km Runners Drop Bag Estimarted Locations/Distances
Aid Station Drop Bag Return
Lost or Left Property
Safety Requirements
Music in Ears
Recommended Gear Requirements8
On Course Aid locations
Location of Aid Stations
Personal Belongings
Runner Crew / Supporters
Emergency Response
Tracking App9
Transferring or running as someone else10

DNF – Withdrawing from event	10
Traffic Controllers and Marshals	10
Cut Off Times	10
Early Start Options 50km-42km Only	10
Course Markers and Signs	10
Mandatory Gear	11
Course and finish line pack down	11
Navigation	11
Shoe Choice	11
Event Insurance	11
Your Medical Declaration	12
Toilets	12
Maps	13
Weather	1 <b>3</b>
Sponsors	18

# Welcome to Wild Boar Trail Run from the Event Team

Welcome to the inaugural running of the Wild Boar Trail Run in the Brisbane Ranges National Park. 2025 sees 5 event distance options to choose from, with 50km – 42.2km -21.1km and the 10km event.

We hope you are all injury free healthy and looking forward to new challenges and adventures ahead. Online entries may close before race the weekend, so any friends you know considering registering let them know, a small number of spots will likely be available for some events on the day and for change of event distance. As always events that Trailsplus conduct support young people living with cancer this is done by contributions of some funds after the event, thanks to participants at Trailsplus events we have now exceeded \$80,000+. In donations to Canteen.



Let your inner Best Run Wild

## Acknowledgement of Country

The event organisers would like to acknowledge the traditional owners of the land we meet and play on this weekend, the Wada Wurrung people.

### Volunteers

To all our volunteers we thank you for helping us to create a relaxed friendly and supportive atmosphere, as always, we can't put on events without our wonderful volunteers, please help us thank them while interacting with them at our events.

Of course come race day we are often in need of a few extra hands, so if you're running and someone coming along with you is at a loose end, we'd love to have them on the team, just let us know in advance so we can plan ahead.

GOOD LUCK ALL, May your Wild Boar adventure be a rewarding, challenging and memorable experience, and most of all FUN, even during those painful moments.

# Race Director - Brett

### Getting to Boar Gully Campground – Brisbane Ranges

For most people getting to Boar Gully is Via the Western Hwy to Bacchus Marsh, There is the back option via Rockbank, Exford and Parwan, please drive safely, the final KM's are narrow and windy. Of course if coming from Geelong or Ballarat its pretty easy, just head to Boar Gully Camp Ground.



#### Where to Park

Initial Parking will be in and around Boar Gully and on the side of various roads, Please park Safely. We are seeking permission for private land owner parking, If approved there may be a short walk to the race headquarters of 500M – 750M.

### **Coffee and Food**

We are still working on food and coffee vendors for this new location, come prepared with snacks for after your run and while you are hanging out and supporting fellow trail lovers.

### Check In Registration Race Schedule

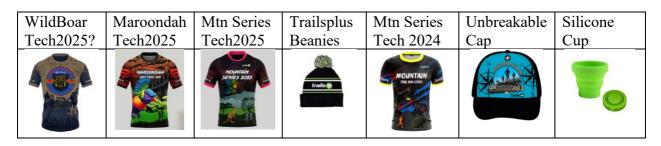
Collecting your race bib is at Checkin / Registration area this is located under the rose steps rotunda. We do not post out bibs pre race, they must be collected race morning.

Race Date Jun 15th	Checkin / Bibs	Pre Race Brief	Start
Sunday	OPENS FROM	MUST ATTEND	READY SET GO
50km	07:00	07:45	08:00
42.2km	07:00	07:45	08:00
21km	08:00	08:45	09:00

10km	09:00	09:45	10:00
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#### Merchandise

We are still working on a design for this new race and hope to have some limited-edition shirts. If you would like any merchandise and it isn't available in your size, you can place an order and pay postage to have it sent to you after the event or collect at next events. Available items will include technical running top, soft casual wear top, headwear buff, plus a variety of past designs and other race shirts from 2023 series and new 2024 series when delivered. These are just samples of items.



### **Changing Event**

If you want to change events, either stepping up or stepping down distance this is possible. Please note that step down events incur a change event admin fee, regardless of when you entered and the current fee structure. If you step up there is a difference in price fee and an admin fee that applies. The earlier the change of event notification the cheaper the fee, on day change event fees apply.

### **Event Photos**

When available we have a variety of photographers that may be taking photos on the day. These photos will be added to the Trailsplus Gallery a few days after the event, be sure to check your emails for updates or go to the website and select the gallery tab to check yourself in action.

### **Presentation Process**

We aim to hold the presentation within 15 minutes of our podium places being filled, however this can vary on the day. Please note when there are prizes available for podium places you need to be present to receive the prize. If you need to rush off before presentation, please collect your trophy

#### **Trophies for Podium Places**

We like to acknowledge 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place male and female. We provide AGE group rankings in the results, however there are no AGE group presentations.







### **Event Timing – Results**

Live results will be available on the day, a results button will be on the website for you to check your results as soon as you finish. You can choose from a drop-down menu to see who the top 3 are or chose the whole list of finished runners along with other reports.

# **Trekking Poles**

You are permitted to use trekking poles, please be sure to consider others safety around you.

#### Dogs / Animals – not permitted.

Brisbane Ranges is a National Park therefore, NO ANIMALS are permitted, please leave your dog home for this one. Unless they are a registered support animal.

### **Our Event Medic**

There will be an event medical team on site to take care of you in the event of a mishap on course, please be sure to use this service for any reason big or small. Our event medic is Chloe in 2025.

### Your Race Bib – Number

We **DO NOT** post out race numbers, you must collect from check-in area as per check in information. Your race number incorporates electronic timing chips and is the key to monitoring your progress on course and recording your finish time. You must not alter, fold, cut your race number. It must be worn on the front of your torso, not your leg or on your back. Only exception is if wearing a race belt, but must be visible at the front.

Your BIB is colour and distances coded for ease of identification by officials. Occasionally spare bibs are used, and colours may change, depending availability of colour coded bibs.



# **Timing Chips**

Our volunteers will collect the timing chips from the rear of your race BIB after you cross the finish line. This involves a small cut to the plastic pouch on the rear to remove two chips. You must not leave with your timing chips, they remain the property of trailsplus. If you accidently take them home they must be returned via post within 1 week to avoid cost of replacement



### Medals

All finishers receive a medal to commemorate their achievements, on rare occasions we may run out of medals, if this occurs we will post a medal to you after the event. Our Medal design isn't complete yet but this should give a guide to what the beast will look like.



# No Cup Event

As long term supporters of our environment we are a no single use paper or plastic cup event at our aid stations. This means if you want to utilise the services provided on course, such as water, electrolyte, or Coke for the ultra runners, you will need a cup or bottle. Your hands are not cups.

## Silicone Reusable Collapsible Cups

We have supplies of these great reusable collapsible cups available for only \$5 on the day, however we highly recommend bringing your reusable own cup or bottle to drink, drink from aid stations. (Logos Vary on cups)



# 50km – 42.2km Runners Aid Station Drop Bags

Runners in the 50km & 42km distances can utilise the drop bag service where available. A bin marked with the Aid Station description will be placed near check in. You may place a small bag or loose item preferably named in the bins provided. Locations for drop bags to be advised.

### 50km-42km Runners Drop Bag Estimarted Locations/Distances

Location	~42km	~50km
Little River Camp Ground	9km	9km/13km
Sapling Gully Picnic Ground	24km	29km
Spring Creek Track	33km	39km

## Aid Station Drop Bag Return

Your drop bags will only be returned to the event hub once that aid station has closed for the day after the sweep has passed through, this can mean faster runners will have a long wait or need to make other arrangements to collect their property. After 2 weeks we dispose of items.

# Lost or Left Property

Any property left at the event or not collected will be held for two weeks. It is the responsibility of the owner to arrange collection. After two weeks clothes will be washed and set to the salvo's, food products will be disposed of along with drink bottles/flasks etc.

### Safety Requirements

- You must wear you Bib visible on your front.
- You must be the person who registered and not run under another person's name.
- You must render assistance to others in need.
- You must obey all marshal and traffic manager instructions.
- You must adhere to music in ear policy.
- You must advise an official if you don't complete your event to avoid search and rescue fee

### Music in Ears

There are runner on road signs for traffic control, please ensure you take extreme care on two sections of gravel road you will be on for short distances. Just prior to Donnelley's Weir ALL runners will be on a gravel road for approx. 800M, also at the Mt St Leonard gate 50km and 42km runners will be on Monda Road for approx. 500M, this is an out and back course so you will be on road both directions. Traffic on both roads is very sparse however, please remain alert and obey normal traffic rules, keep left, give way to cars, NO EARPHONES in on road, in fact we prefer no earphones at all. Volunteer spotters will be on the lookout for breach of ear pod rules and may result in disqualification, it's for your safety, enjoy the natural sounds of nature while you explore this beautiful location.

### **Recommended Gear Requirements**

These are recommended only, please refer to mandatory gear to see if you are required to carry more gear.

- Phone
- Gloves, beanie if cold

- Sealed seam waterproof jacket, if potential for rain, these are mountains over 1000M where weather conditions can change quickly.
- 1000calories food
- 1ltr water
- Snake bandage

## **On Course Aid locations**

Aid stations are provided at approximately every 5km. These are manned by our awesome volunteers, so be sure to give them a huge thanks, they are there for you. Typically, our aid stations have, Water, electrolytes, Lollies, chips, chocolate, chips, fruit cake, fresh fruit. We do expect that some items of choice will run out, but there will always be water and some type of energy item.

Wild Boar	Boar	Little River	Quarry	Sappling	Spring Creek	Finish Boar
Aid Stations	Gully	Camp Ground	Track	<b>Gully Picnic</b>	Track	Gully Camp
10km	0km	12km	-	-	-	-
21km	0km	12km	18km	21km	24km	30km
42.2km	0km	9km	14km	24km	33km	42km
50km	0km	9/14km	19km	29km	39km	50km
yes we know the distances are not exact, these are a guide to various landmark points only and generally re within 1km of actual distance						

### Location of Aid Stations

These distances are an approximate guide only and available based on Volunteer numbers.

## **Personal Belongings**

We provide an area near the start to place your belongings. This area is not secured and should only be for clothing and not valuable items. The event organiser takes no responsibility for any loss that you may incur.

### Runner Crew / Supporters

The Wild Boar trail run is staged from Boar Gully Camp Ground Brisbane Ranges and is an ideal location to support your runner from. Supporters can access aid station via s short walk of 1-5km if desired else can drive carefully to some locations. Runners do use some sections of tracks you use.

## **Emergency Response**

- First and foremost, if situation is a real emergency call 000
- When appropriate, advise race director of situation, report your location
- Race Director Phone is available on the rear of your bib
- Assistance Race Director can be contacted if Race Director, also on bib

# Tracking App

Sometimes we use a tracking App and may invite, or at times require you to install and activate the App as part of the event. You will be advised if this applies to you, this would most likely apply to Ultra Distance runners only.

### Transferring or running as someone else

It can't be stressed enough that you are not permitted to give, sell, transfer your ticket to any other runner. For permit and safety conditions under no circumstances can someone run as you, breach of this risks our permit, insurance and will also result in a ban of both parties from future Trailsplus event participation.

## DNF – Withdrawing from event

You must advise the race director, timing official if you are pulling out of the event short of the distance you enter. This is a critically important safety requirement, so we know you are safe and well. Failure to advise officials may invoke a search and rescue and costs may apply to you.

### Traffic Controllers and Marshals

We utilise traffic management and volunteer marshals in some locations, and it is critically important that you listen, hear, and follow their directions for your safety.

### **Cut Off Times**

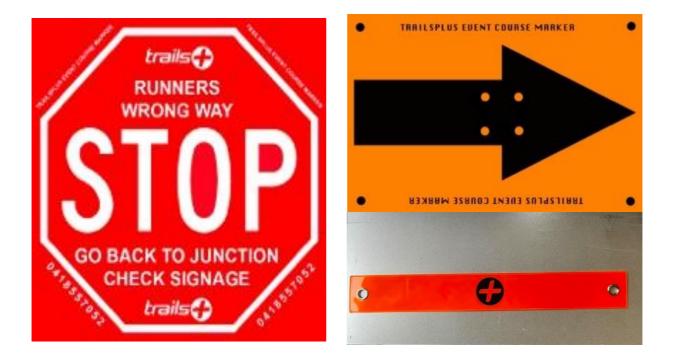
We list on the website some cut off times, these are a guide and part of our safety assessment, cut offs are generally only enforced if the runners are excessively late or for your own well-being. However, if you would like an early start if you are at the slow end around 8-9hrs you should email us and request and early start at 7am.

### Early Start Options 50km-42km Only

By prior arrangement only, you may request an early start if concerned about the duration you will be out on course. Ideally, we like to have all runners finished by 4pm.

#### **Course Markers and Signs**

A variety of course direction markers and signs will be deployed along the course. Typically we will place more markers around intersections and less along trails, especially when there is nowhere else to turn. Below are a sample of some of our signs and markers used.



### Mandatory Gear

Whilst we may not enforce the mandatory gear, we highly recommend that you carry these items as a minimum, especially if you are participating in the 50km and 42.2km events, exposure can be brutal at times in certain weather conditions.

You should carry the following minimum for your safety ( check weather conditions ) come prepared.

- Sealed seam hooded water proof jacket
- Snake bandage (correct type, why mess with your life having non suitable bandage)
- Mobile Phone
- Spare food and water (even though our aid stations are approx.. 5km apart)

### Course and finish line pack down

We will start to pack down all nonessential equipment and infrastructure from 2-3pm, we will always maintain the finish line gantry for you to complete your events, though finish chute and other equipment will be pulled down and packed away for the last few to finish.

#### Navigation

Trail running is a sport that requires some concentration, navigating around the course is quite simple really. It just requires you to observe the signs. You should not automatically follow someone in front of you as they may be doing a different distance. Of course reading this document, checking out the maps or if you have the option, simply load the provided GPX files from the website and you will be kept on track with your electronic device.

### Shoe Choice

The Brisbane Ranges when dry you will get away with your standard road shoe with some extra care taken on the steep downhill sections, however if there is any moisture on the ground some of the trails will be quite slippery. It really is a case of wait and see what the weather does or simply come prepared with both shoe types.

#### **Event Insurance**

The event insurance policy does not extend to personal injury; it is highly recommended that you have personal insurance cover or at least ambulance cover in time for the event.

## Your Medical Declaration

By entering the Wild Boar trail run, you declare you are healthy and well and present no risk to yourself. You acknowledge that you are aware of the challenge and exertion required and risks that present during trail running and take full responsibility for your own wellbeing. You acknowledge you have not been advised by any health professional to not participate for your own safety and wellbeing. If you have been advised to not participate you should withdraw.

### Toilets

There is a drop toilet at Boar Gully, there are no other toilets available on course. ALWAYS use correct bush toileting techniques if required to relieve yourself in nature. Scratch a hole, bury waste and always be well away from water course.



Wild Boar trail run is conducted at the begging of winter and it's likely the temps will be cold and possibly wet, which makes for amazing experiences in nature so long as you come prepared. Always check the forecast and keep up to date with event announcements regarding weather conditions and requirements.



#### Sample May Weather below

#### Maps

The following Maps are intended to be used for 2025. There may be some slight variations, or revamping if we must make any last minute changes.

