



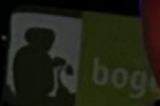
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# RUNNER INFORMATION GUIDE

# 2025



























































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## Welcome

Welcome to the **New Year’s Eve Rock Around the Clock Trail Run 2025**. We’re excited to celebrate the end of 2025 and welcome the New Year with you on the trails. The You Yangs NYE Trail Run is all about **celebration, connection, and fun** with family, friends, and the trail community.

## The Trailsplus Way

At Trailsplus, our goal is to provide a **safe, friendly, and encouraging environment** where people can connect with trail running through a variety of event formats. We love showcasing our local parks, trails, and mountains while helping runners discover new places to explore.

## What Is NYE Rock Around the Clock?

The NYE Rock Around the Clock Trail Run is set on a **5km loop around Flinders Peak**. Depending on your chosen distance, you’ll complete multiple loops, passing through the **start/finish hub** where an aid station will be located to keep you fed and hydrated **every lap**.



The course is a 5km spectacular loop that is undulating with a couple of steeper sections. Take care on the steep descents. There are single trail sections and some wider trails.

## Your Journey Matters

Whether this is your **first-ever trail run** or you're a seasoned trail legend, everyone is valued as an individual on their own journey. This event is set on a **5km loop course**, and our aim is to support you to complete **whatever distance is your goal**, from one 5km lap to ten.

## Supporting CanTeen

Since 2007, Brett and Trailsplus events have proudly supported **CanTeen**, the organisation for young people living with cancer. Over the years, we have raised **almost \$85,000 for charities**, and we thank you for being part of that ongoing support.

## Parking & Access

The You Yangs location requires all runners to park at the **Lower Picnic Ground Carpark** and walk to the start area. Please ensure everyone does the right thing so we can continue to deliver this event in this incredible location.

## Sharing the Trails

The trails remain open to the public on race day. You'll be sharing the paths with walkers and other park users who may be curious about your efforts. Please represent the running community well by being **patient, polite, and respectful**, and pass safely when needed.

## It's New Year's Eve!

This is a celebration event. Bring your chair, picnic rug, snacks, and cold drinks. Stick around to support other runners and enjoy stunning views across the bay towards the city.

## Staggered Starts

There are **staged race starts** throughout the afternoon and evening. Please check the event schedule carefully.

## Food & Coffee

Food and coffee will be available on the day. How long vendors stay depends on runner support, so be sure to grab yours early and enjoy it. Vendors will **not be onsite until midnight**, so don't miss out. ( *vendor availability can change at last minute from experience, have a backup plan, just in case* )

## No Cut-Off Times

There are **no cut-off times**. If you want to walk, that's completely fine. We are here to support you achieving your goals, however long that takes.

## Elevation

Each 5km loop includes approximately **140m of elevation gain**.

## Dress It Up

Dress up if you like, costumes and themes are encouraged. If we're impressed by your effort, you might even score a prize.



Don't forget we have awesome food and coffee onsite at the start line



## When

Wednesday, 31 December 2025, with races starting from 4:00pm. Please arrive early to allow time to park, walk to the start, collect your bib, and attend the race briefing. The lower picnic ground is a (10min walk), being early will allow yourself time to relax and collect your race bib and listen to the race briefing.

## Make an afternoon of it

Invite family and friends, enjoy a picnic, grab some food and coffee, and help us create a great atmosphere to support those still running.



## Event Schedule

- 6:00am – Park gates open daily
- 3:00pm – Check-in opens (50km & Marathon)
- 4:00pm – Check-in opens (5km & 6hr)
- 5:00pm – Check-in opens (10km)
- 6:00pm – Check-in opens (21km)

Registration for your event opens 1 hour before start time, please allow time to walk to check in and register



## Start Times

- 4:00pm – 50km & 42.2km
- 5:00pm – 5km & 6hr
- 6:00pm – 10km
- 7:00pm – 21.1km

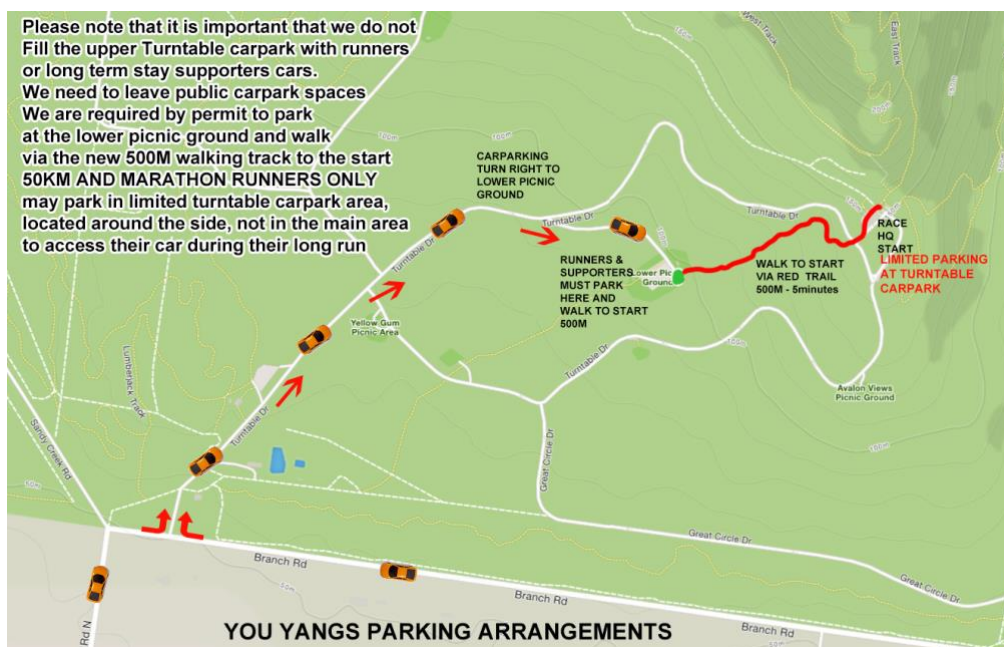


## Getting There

### You Yangs Regional Park

Branch Road, Little River VIC

Enter via the main park entry and follow the main bitumen road and carparking signs or directions of marshals if in place.



## Car Parking

Parking is primarily at the **Lower Picnic Ground**. If full, overflow options include Valley Picnic Ground or Redgum Picnic Ground. Do not walk along the road, use designated link tracks only.

Please follow signage or marshal directions. Park carefully and consider all others to ensure there is plenty of space to park. Do not block others in.



## Lower Picnic Ground Details

All runners must park at the lower carpark and walk approximately **500m via the link track**. You may unload gear first, then return to park. Limited overflow parking may be available closer for 50km and marathon runners, however; the area can get very busy and may be full. When parking in lower picnic carpark. Please park at 45 degrees if parking on left before toilet block if carpark full. If staying after your run cars can be moved later in day to the upper carpark, if space at top available.

## Mandatory Gear

A **head torch or handheld torch (not a phone light)** is mandatory for runners **active during darkness**. No other gear is enforced, but weather-appropriate clothing is strongly recommended.

Suggested items for 2025 being a predicted sunny warm day, Sunscreen, Cap, cup or drink bottle. Warm jacket for late evening.

## Aid Stations

The main aid station at the event hub will provide water, electrolyte, coke, fruit, lollies, chips, chocolate, and other trail favourites.

## Safety First

Most of all, come prepared, take care of yourself and others, and have a **safe and awesome day on the trails**.

## Volunteers

Trailspus events have the best volunteers that assist to make your day an awesome one, please be sure to thank them for being there to help you. Volunteering is a great way to support your running community when you are not running yourself and you can earn credits for an event or raise funds for your club, or you might like to just volunteer for the love and support of it, all options are welcome and encouraged.

If you would ever like to volunteer, use our [volunteer link](#) or send us a message to find out about being a part of the Trailspus team, our have a chat with us on race day.



## Cup-Free Event

This is a **cup-free event**. You must bring your **own reusable cup or bottle**. Collapsible Trailsplus cups will be available for **\$5** on the day.

Please avoid bringing single use plastic bottles to our events.



## Fire Works around the bay


Providing the skies are clear and the wind is favourable, we can view spectacular fireworks from Melbourne to Geelong. The early session is sometimes too light to get the best view, however the midnight fireworks can be amazing if the weather is on our side, it can be worth the wait, hang out and enjoy the evening.

## Refund Policy

We have a refund policy that is agreed to during the ticket purchase process and is available online in our **Terms & Conditions**. In short, **partial refunds are available up to 30 days prior to the event**. There are **no refunds within 30 days** of the event.

## Electronic Timing

We use **electronic chip timing** at the start/finish and at various locations on the course. Live results will be available on race day at:

 [www.trailsplus.com.au/results](http://www.trailsplus.com.au/results)

## Wearing Your Bib

Your race bib must be **worn on the front and clearly visible at all times**. Do not wear your bib on your back, leg, or pack, as this may affect timing accuracy.

## Bib Collection

Race bibs are **ALWAYS collected at check-in on race day**. We **do not post race bibs** prior to the event under any circumstances.



## Late Entries Bib Design

If you are a **very late entry**, you may receive a **plain black and white or modified bib**. Timing functionality remains the same, only the design may differ.



## Cut Off Times for Events

At Trailsplus we are about helping you achieve your goals in the least stressful environment possible. We do this by allowing early starts for those genuinely in need or not enforcing cutoff times. At NYE trail run we are there all night for you, so enjoy the journey and celebrate the adventure, don't worry about the clock.

## NYE Awards & Trophy Prize

Each event distance 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Male and female will be awarded a trophy item and in some cases a small sponsor prize when available.

We do not present AGE GROUP awards, however we generally provide age group results online.



## Finishers Medals

Every participant who finishes the event distance they started will receive our custom-designed Trailsplus New Years Eve Medal a well-earned keepsake to celebrate your NYE trail adventure.



## Presentation Schedule

Presentations will take place **as soon as practical**, without rushing, once each event has at least the **first three male and female finishers** across the line.

If you are a podium finisher and need to leave before presentations, please see the **Race Director**, who can present your trophy before you head off.

## First Aid

Qualified first aid support will be onsite throughout the event.

## Coffee Van

Our regular coffee legend **Ang from Divine Grind Coffee** will be onsite from approximately **4:00pm until 9:00pm**.

Please support Ang, who attends our events whenever permitted and keeps the Trailsplus community well caffeinated ☕❤️

## Food

We are working on confirming a food van for the event, stay tuned for updates.

If you're planning to hang around and soak up the NYE vibes, we recommend **packing a picnic rug and some food**, just in case.

## Insurance

The event insurance policy **does not extend to personal injury**.

It is strongly recommended that all runners have **personal insurance cover or Ambulance Victoria membership** in place before race day.

## Acknowledgements

We thank **Parks Victoria** and acknowledge the **Wadawurrung People**, Traditional Owners of the land, and pay respects to Elders past and present.

## Toilets

There are drop toilets located at the start finish, and flushing toilets at lower picnic ground carpark.

Highly recommend using the ones at lower picnic ground before walking to start.

## Dogs

Well-behaved dogs are welcome **on lead only**. Dogs cannot assist runners competitively.



## Transfers & Entries

You are not permitted to sell or give away your ticket. We have a strict policy that all participants running must acknowledge all entry conditions. Under exceptional circumstances you can contact us to discuss options, however there will be an admin fee on any permissible ticket transfers. ID checks will be made at bib collection as required, if you are not the ticket holder, you will not be able to participate.

## Respect the Park

Leave no trace. Do not litter. Respect wildlife, other park users, Parks Victoria staff, and the environment.

Trailsplus work very hard with various authorities to gain access to amazing locations to create running events that we hope create great memories and result in individuals achieving personal goals. To ensure continued access it is very important we all respect the environment, animals, and people at this location.

## Resting After Your Run “Camping”

While camping is not permitted, we understand some runners may need to rest before driving home. Please keep it low-key and pack up early on New Year’s Day.

## Other Park Users

The park and trails remain **open to the public** during the event.

Please don’t startle other users by charging up behind them, let them know you’re approaching, avoid yelling, and pass **politely, safely, or with a wide berth**.

## Music Devices

We understand many runners enjoy running with music; however, this is a **social, loop-based event** with frequent visits through the hub. We encourage you to engage with fellow runners, share the journey, and support each other along the way.

## Grass Roots Event

This is a **low-key, grass roots Trailsplus event**, no big bells and whistles. Just a fun, celebratory day on the trails while continuing our fundraising support for **CanTeen**.



## BYO Shade / Shelter

You're welcome to bring a **pop-up shelter or shade**.

Set up your own picnic space or use available space near the event hub. All shelters must be **secure and safe**, with no risk of blowing away.



## Event Rules

- Must come to enjoy, fun and humour required 😊
- All races are closed-loop courses, **follow markers and stay on course**
- **No littering. No excuses.**
- Follow all directions from event organisers and Parks staff
- If medical assistance is required and an ambulance is called, **costs are the runner's responsibility**
- Ambulance cover is strongly recommended



## Signs & Markings

Course navigation is **easy, really!**

The course will be marked using a combination of **large orange arrows, orange ribbons, and red stop signs**. Trail events rely on runners following signage rather than marshals.



## Park Ranger on Duty

Please note that **Park Rangers will be on duty** on New Year's Eve and may also be around the event space after their official shift.

Be sure to thank them for their support and for allowing us to host the NYE Trail Run in this amazing location.



## Elevation Statistics

**50km:** 1400m

**42.2km:** 1170m



**21.1km:** 600m

**10km:** 280m

**5km:** 140m

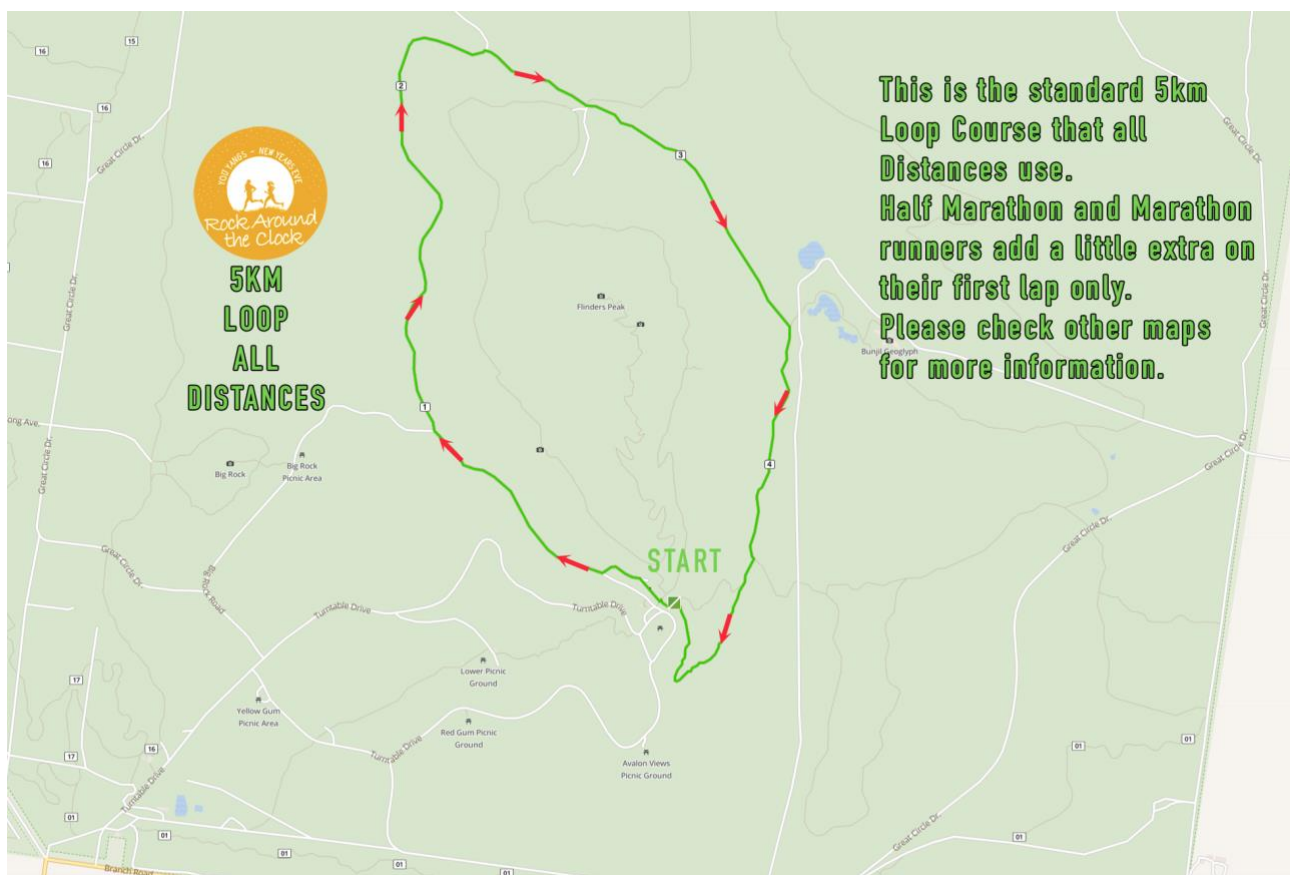
**6hr:** 140m per completed loop

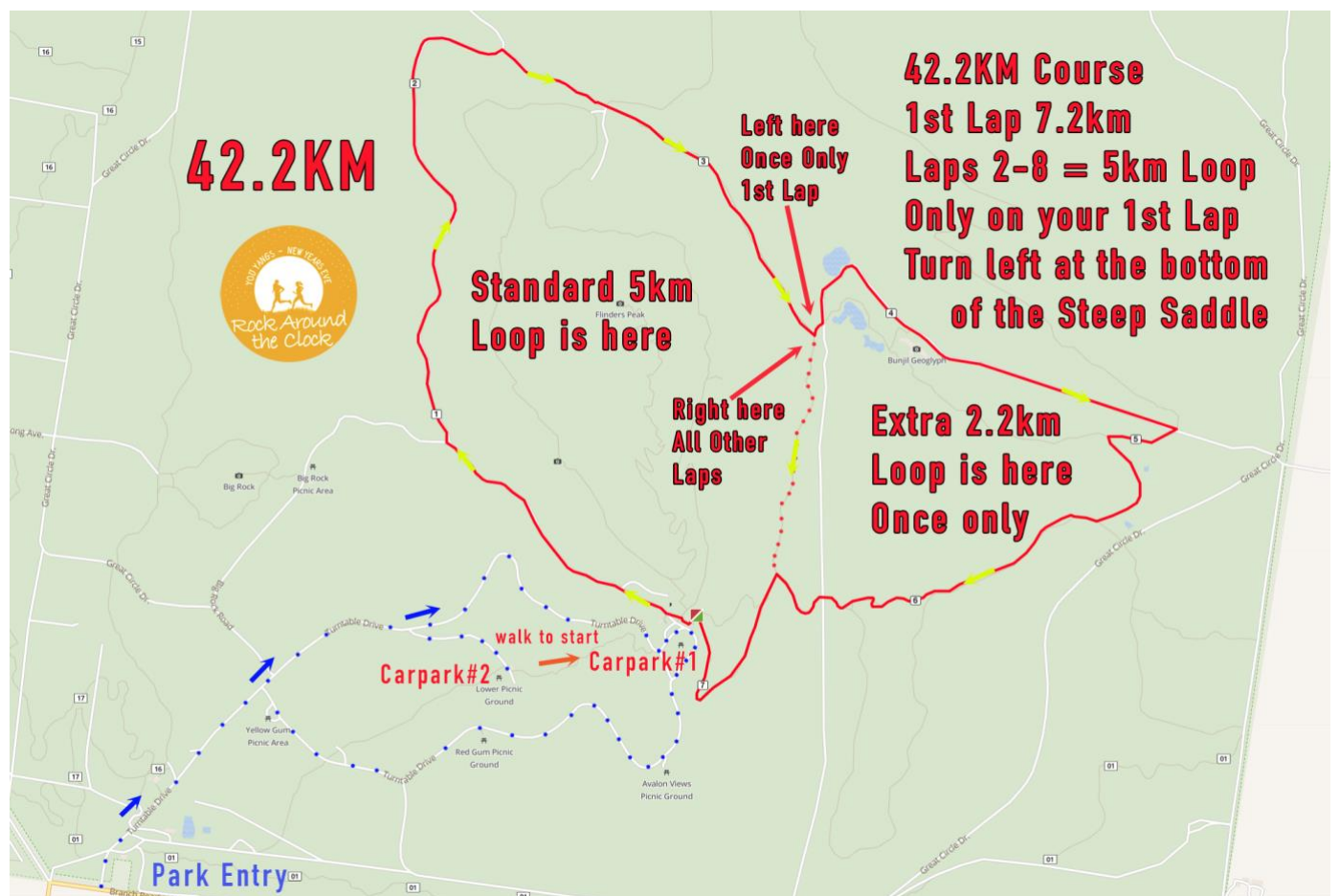
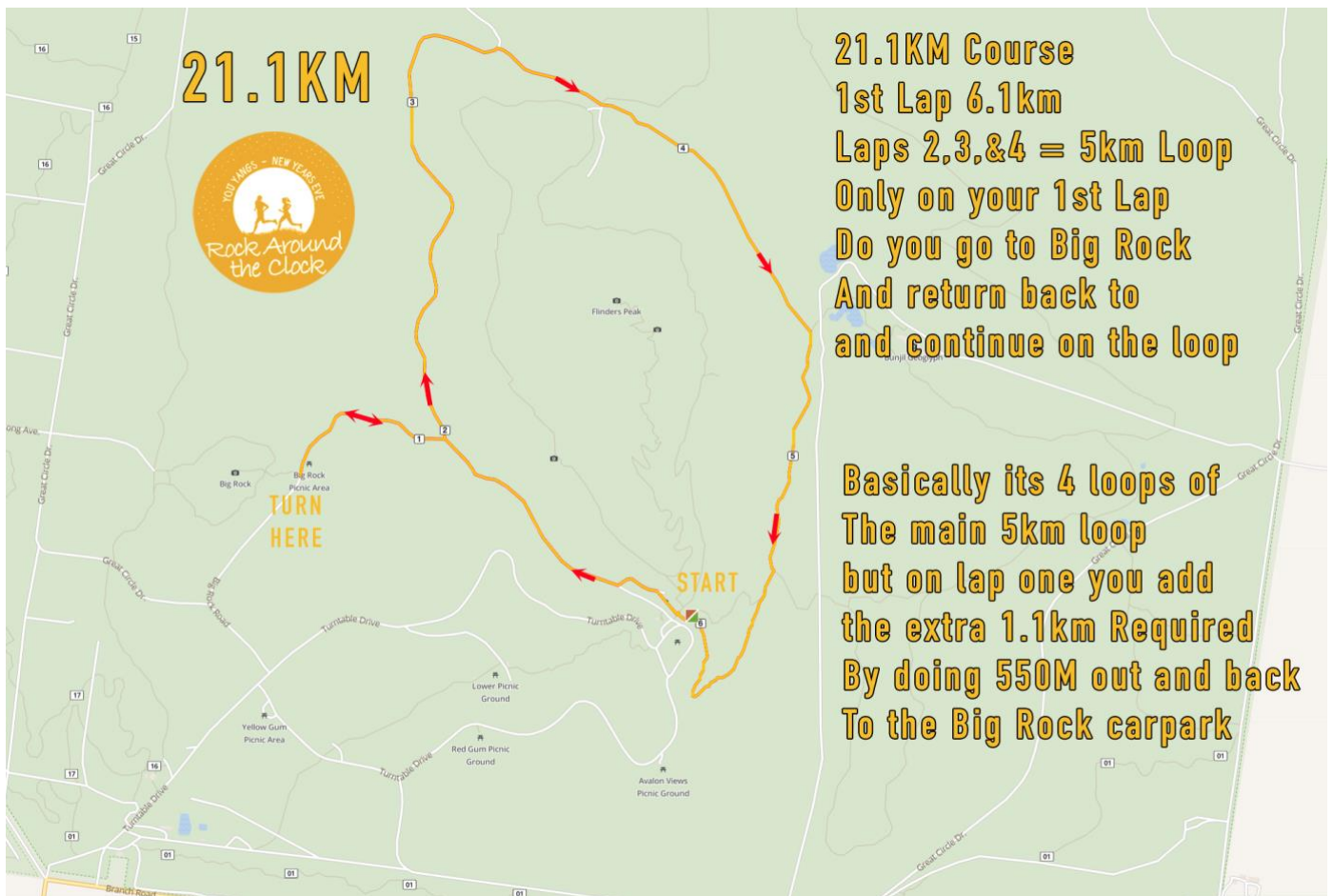


## Course Maps

All events use the **5km Flinders Peak loop**.

- **21.1km runners:** first loop only is **6.1km** (extra 1.1km)
- **42.2km runners:** first loop only includes an extra **2.2km**
- All remaining loops revert to the standard **5km course**





Carpark #1 is only for the 50km and 42km runners and must be in the overflow section, not main carpark.  
 Carpark #2 is Lower Picnic ground where all other runners and supporters must park.



## Travelling Home

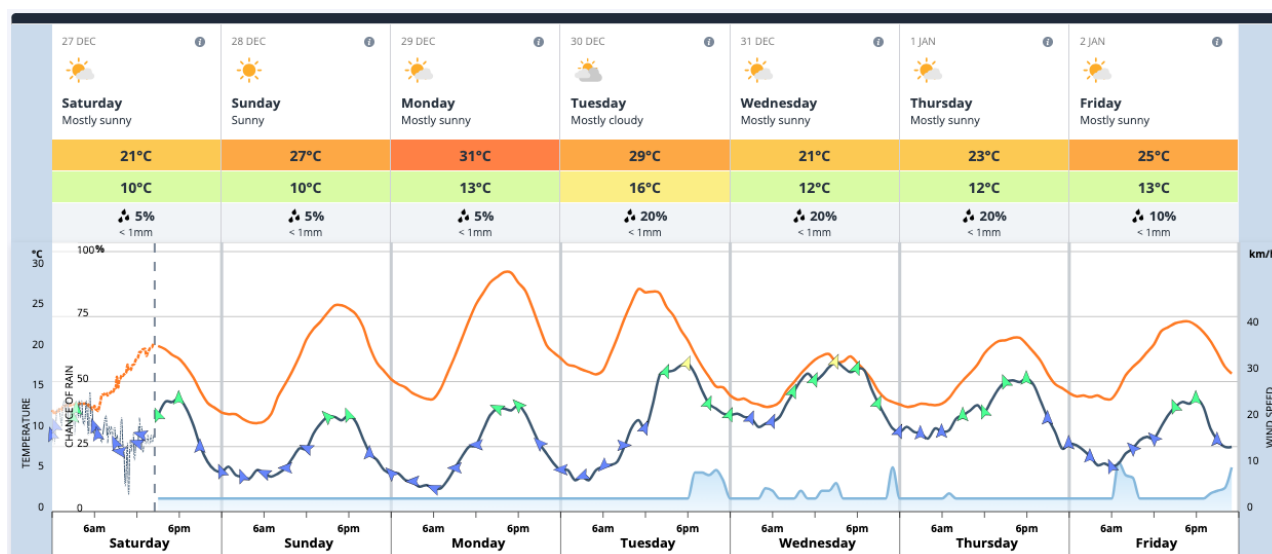
If you're driving home after the later events, please take extra care and **watch for kangaroos** both in the park and on surrounding roads. If you're feeling tired, consider hanging around, resting up, and recovering before heading home safely.



## Weather Forecast

It's shaping up to be a **great day**.

Be prepared with sun protection and **remember to bring your cup or drink bottle**, this is a cup-free event. We'll provide all the **water and electrolyte**, just no disposable cups.



Fundraising on behalf of



Trailspus events proudly supported by the following amazing companies and products.