

**BRIMBANK PARK
RUNNING FESTIVAL**



**RUNNER
INFORMATION
GUIDE**

2025



GARMIN.



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Welcome

Welcome to the 12th edition of the Brimbank Park running festival 2025.

Trailsplus Brimbank Park running festival distances vary year to year, depending on track closures and weather conditions. This year sees the return of the river trail, which is super exciting. Distances on offer are, 50km, 42.2km, 21.1km, 10km, 5km & 2km. As always you can expect the courses to be a little longer in the Trailsplus tradition, especially as trails open and close based on weather conditions.

I hope you are all injury free healthy and looking forward to the weekend and adventure ahead. Thank you to all runners who are supporting this event. As always events that Trailsplus host, support young people living with cancer. This is done by contributions by Trailsplus from your entry fee and voluntary donations runners can make at time of registration.

2025 see's us with a smaller than normal field limit size, due to some permit restrictions on car parking, more about that later in Parking instructions. At the time of writing this document we have 275 runners spread over the 6 distances, 50km, 42.2km, 21.1km, 10km, 5km & 2km.

One person achieving a 5km finish can be as equally challenging and rewarding as someone who finishes a 50km run. These are all great personal results, and we want to help you achieve them.

Since 2007 Brett and Trailsplus events have been supporting CanTeen, the organisation for young people living with Cancer. We have raised \$85,000 for charities since 2007.

Brimbank Park is a hidden location of the west on the Maribyrnong River. It hosts many joggers, cyclist and family fun activities. You will be sharing the track with these people on race day. I'm sure they will be intrigued by your efforts and commitment to run long or short distances. Please ensure the running community is well represented and respected by the way we conduct ourselves. You may find they walk two or three wide, please be patient and make your way past them safely and politely.

Most of all, come and have a safe and great day.

Thanks again for supporting the event.

Brett

Trailsplus - Race Director

What is Brimbank Park Running Festival

Brimbank Park running festival was created to compliment the Trailsplus suite of trail runs and provide access to one of Melbourne's urban parks and take you on an adventure onto trails you might otherwise not get to experience. It was also intended to be an opportunity for families, friends, local sporting clubs and groups and the community to come together to enjoy the great outdoors.

When

Sunday March 23rd 2025, please check the schedule for race starts and race number collection.

Where

Brimbank Drive, off Keilor Park Drive, East Keilor

Main Gate Opens

The main entry of Keilor Park Drive opens at 6am

Volunteers

Trailsplus events have the best volunteers that assist to make your day and awesome one, please be sure to thank them for being there to help you. Volunteering is a great way to support your running community when you are not running yourself and you can earn credits for an event or raise funds for your club, or you might like to just volunteer for the love and support of it, all options are welcome and encouraged.

If you would ever like to volunteer, use our volunteer link or send us a message to find out about being a part of the Trailsplus team, our have a chat with us on race day.

Car Parking

It is extremely important you follow the directions of our carpark attendants. We have strict requirements around our permit relating to car parking. You must follow the directions given to ensure we are able to continue to bring this event to Brimbank Park.

We must not overflow any one car park and therefore it is important we spread ourselves across all of them as evenly as possible leaving room for the public. Please accept the marshals directions when advised which car park to use. You are coming for a run, so don't complain about having to walk an extra few hundred metres. Help us keep traffic moving steadily.

You may be directed to carpark B, or Carpark C, these will add between 5 – 8minute to your walk to the start, please allow time and be sure to check the map for directions in map section below. Always walk on paths, don't walk along the road to and from start.

Personal belongings

If you intend to have valuables, please consider locking them in your car and out of sight. As this is a highly publicly accessible area and we cannot guarantee the security of your personal effects. We will provide an area to leave your belongings near the start line however it is your responsibility, Trailsplus and our team cannot guarantee the security.

Race Start Times

You should aim to be in the park with plenty of time to enjoy a relaxing walk to the start and still have time to check in and collect your bib and listen to the race brief.

Sunday March 23rd

	CHECK-IN	RACE START	~PRESENTATION
50km	6:30-7:45	8:00	12:30
42KM	6:30-7:45	8:00	12:30
21km	7:45-8:45	9:00	11:00
10KM	8:45-9:45	10:00	11:15
5KM	9:45-10:45	11:00	12:00
2KM	10:45-11:45	12:00	12:30

Race Numbers are not posted pre event

All participants must register their attendance on the day and collect your race number, race numbers must be visible at all times as this allows the timing people to record that you have been through the finish and check the electronic system has recorded you, it is important that your number is not obscured or even covered by your own arms, stop your watch well after the finish line.

Presentation Schedule

We acknowledge all participants with a finishers medal as they finish event with a presentation for 1st 2nd and 3rd usually around 30minutes after they finish.

Each distance 1st, 2nd, 3rd Male and Female will receive a trophy acknowledging their achievement, depending on availability sometimes we have prizes from our sponsors to go with your trophy. Please be sure to wait for the presentation if you are a winner. See approximate times above for schedule.

Aid Station

Types of food and drinks you might find at our aid stations.

The Aid Stations will be stocked with a small amount of, lollies, Chocolate, Fruit Cake, Chips, plenty of water and when available sports drinks and on for special needs some Coke. Sometime Aid stations will also record your number and if possible, and the time you came through so please ensure your number is always clear. If you believe you are the last runner or close to last let the aid station know.

Cup Free Event

Our events are cup free, if you intend to drink from our aid station you must have your own cup or bottle. We encourage you to bring your own reusable cup or bottle. You can purchase our reusable, collapsible cups for \$5 on the day. Please avoid bringing single use plastic bottles to our events. (NO CUP = NO DRINK) please bring or buy one.



Electronic Timing

We use electronic chip timing for our start/finish and at various locations on course. Results are available live on race day go to www.trailsplus.com.au/results

Your race bib carries your electronic timing chips on the back, once you finish your race, we will present you a medal and cut the timing chip from the pouch on the back of your bib. Please do not leave the event with your timing chips, we must get these back. If you accidentally leave with it, you must send it to us or a fee of \$20 is payable. P.O.Box 119 Keilor Vic 3036

First Aid

We will have Medical staff on site to assist if needed. We hope they have a boring day and don't need to help anyone, but if you need help please ask, even if you had a fall and just need to be cleaned up. Getting medical help on course is time consuming, so please relax and don't panic and if we are called to get to you, we will make our way as soon as we can, stay calm.

Race Bibs Timing Chips

Our race bibs are customised to each race and include two timing chips in pouches on the rear of the bibs. These chips belong to Trailsplus and must be returned at the end of the race, do not remove chips from race bib until assisted by volunteer post-race. Please ensure your race bib is always worn on your front and visible, do not place on back or leg. DO NOT FOLD OR ALTER BIBS.

Race bibs are ALWAYS collected at check-in, we do not post out race bibs before the event. In the event of VERY LATE entries, you may receive a plain black and white bib. Or it may have a handwritten name.



Your race number also makes a great souvenir of the event as it contains your name “if entered early” and a race relevant design. MOST IMPORTANT however, please wear bib lower front and centre, centre because sometimes we have timing devices on one side of the trail that reads the bibs and if you wear on a side or one leg it may not read, so please keep front and centre.

Keeping them visible always will also help your fellow runners encourage you by name and you will get to know them better, after all that’s what these events in part are about getting out and running with likeminded folks, so you might as well get to know their names while taking in the sights of this beautiful location.

Helping runners in need

If you come across a runner in need, please do what you can to help and contact the event team so they can render additional assistance. Runner’s health and safety is our number one priority. We will take into account the time (in regards to your finish time) you spend with a runner in need if you are then able to continue on with the event and finish.

DROP BAGS

50km/42.2km Runners will be able to leave personal drop bags at the start finish area where you pass through as well as the River Trail aid station that you pass twice.

Drop bags will be taken by volunteers and must be placed in the marked areas, prior to starting your event, if late dropping them off they may not reach the destination.

DROP BAGS must be no larger than a typical shopping bag. Your Drop bag must be named and clearly identifiable. Any drop bags or equipment not collected on race day or within 14 days will be sent to charity op shop or equivalent, unless items fit me then I will keep them 😊.

IMPORTANT – drop bags will arrive back to the start finish area when the aid stations are packed up, this may be long after you want to leave. Therefore you need to arrange collection from Trailsplus within 14 days.

Lumbar & Co Café

Will open from early Sunday morning (7:00am) especially for us. We do encourage you to support this great local facility in Brimbank Park. Before and after your run.

Parks Victoria

We are extremely grateful and we appreciate the opportunity to stage a trail running event in Brimbank Park, if you see a ranger on race day, thank them for the work they do.

Dogs

Dogs are permitted however a few simple rules,

- Have a dog, you can't podium as the dog may assist you
- Have a dog, it must be well behaved and sociable
- Have a dog, you must not create a hazard for other runners
- Have a dog, pick up poops after it



Toilets

There are several toilet blocks available in the park. All Carparks have a toilet block nearby, I highly recommend using these toilets prior to heading to the start line. Carpark A toilet is across the road on left just prior to entering the carpark, Carpark B toilet is located on the edge of the carpark. Carpark C toilet is located near the picnic

ground. The on course toilets are only available conveniently at Carpark C and Canning Reserve if you need them mid run. The café has a toilet and must be kept clean.

Environment

Leave no trace - Do Not Leave any sign of rubbish behind, it is very important that we don't drop rubbish or let rubbish get away from us at the aid station. Your Gel packets and tear off tabs, please don't drop them on the track, carry them with you to the aid station or drop in the bins provided. We are proud and have had great success and positive feedback by eliminating paper cups and making silicone cups available to buy along with several other environmentally friendly initiatives, please bring yours if you already have one, or bring your own reusable drink bottle.

What if I go off course

Please prepare yourself to have an enjoyable and safe journey on the correct course, **STUDY THE MAP** it's highly recommended. By knowing the course, you limit the risk of going wrong, however if this occurs.

HERE ARE OUR TIPS

- REFER TO MAP
- READ THE SIGNS
- LISTEN AND FOLLOW INSTRUCTIONS WHEN GIVEN
- DON'T JUST FOLLOW THE PERSON IN FRONT*
- *THE PERSON IN FRONT MIGHT BE IN A DIFFERENT RACE
- WHEN ON A THE RIVER TRAIL STAY ON IT UNTIL CANNING RESERVE
- VERY LITTLE TO NO MARKERS ON RIVER TRAIL, JUST FOLLOW THE TRAIL
- **IF YOU GO OF COURSE KNOWINGLY OR NOT**
- FIRSTLY, GO BACK TO CORRECT COURSE AND CONTINUE
- IF YOU CAN'T, YOU WILL BE DISQUALIFIED
- IF YOU ARE FAST AND EXPECT TO PODIUM **
- **"KNOW THE COURSE"
- WE WILL NOT ACCEPT MAKE UP DISTANCES OF COURSE
- MOST IMPORTANTLY – TAKE TIME TO STUDY MAPS, IT REALLY HELPS

Transferring or giving your entry away

You are NOT permitted to sell or give away your ticket. We have a strict policy that all participants running must acknowledge all entry conditions. Under exceptional circumstances you can contact us to discuss options, however there will be an admin fee on any permissible ticket transfers. Random ID checks will be made at bib collection.

Deferring Entry

This is the same as an entry refund option and terms and conditions apply. A deferral is a limited option and generally a partial deferral depending time of notification.

Insurance

The event insurance policy does not extend to personal injury; it is highly recommended that you have personal insurance cover or at least ambulance cover in time for the event. Membership is cheap and very worthwhile for any outdoor enthusiast.

Ambulance Victoria – [BECOME A MEMBER](#)

Music Devices

Whilst we understand many runners like to run with music, It is a safety requirement due to the none exclusive use of the trails that you always have one ear open to the surrounds. It is also extremely important that you hear instructions from officials that are trying to help you and warnings from other runners. Remember many runners will be offering you encouragement and so will supporters, so please consider how you may be able to hear and acknowledge the support you will receive. Also, it is extremely important you are aware of your surrounds and other trail users. These may be other runners or cyclist warning you they are coming. Please understand and don't put organisers in the difficult position of disqualifying runners for breach of this rule. By breaching the rule, you also put the future of the event in jeopardy due to the potential risks and possible complaints from the public. You are with lots of people and in a great location, listen and enjoy the surroundings.

Race Numbers / Bibs

All participants must collect the race bib / number at the registration check in marquee on race morning. You must wear your number on your front, it should always be visible to ensure our volunteers can identify and help you, especially our course marshals.

Registration / Check in Location

Race headquarters is located on the flat area below the café, it will be easy to find, the area will be set up like a carnival.

Refund Policy

We have a refund policy that is agreed to during your ticket purchase process and available online in our terms and conditions. The basics are, partial refunds are available up to 30 days prior to the event, no refunds within 30 days. This also applies to transfers to next year or other events.

Winners Trophy

Our 1st, 2nd, 3rd, Male and Female in all distances will receive a custom trophy mug to commemorate their amazing result and performance.



Finishers Medals

Every participant will receive a custom designed finishers medal to commemorate their adventure. Depending on your distance your medal will be like one of these below. A volunteer will present your medal once you present your bib for timing chip removal.



Protecting the future event options

Trailspus work very hard with various authorities to gain access to amazing locations to create running events that we hope create great memories and result in individuals achieving personal goals. To ensure continued access it is very important we all respect the environment, animals, and people at this location.

Other Park Users

The park and trails remain open to the public during the event, do not startle people by charging up behind them, let them know you are coming, don't yell loudly, be respectful and pass by safely or take a wide birth. Ensure trail running maintains its reputation as a respectful caring sport. Having a chat with other park users goes a long way to cementing our reputation. There may be small children and people with dogs. No doubt some on long leads that will want to run under your legs. They have just as much right to use the paths and trails as we do, so please respect them and be tolerant, try to predict what might happen as you approach and avoid any issues. They may be on the line you wish to take, if so, please pick another line even if it is a little longer then you had planned. Under no circumstances should a runner physically contact a member of the public not even the slightest contact brushing past them. They may be wearing earphones with music and not hear you coming, please be mindful of this when approaching them. The park is also a favourite spot for some special needs groups and they may not understand how to keep themselves out of your way, please take care and be aware.

On Course Aid Stations

For 2025 our Aid stations will be located at the start/finish, you pass through here at various times depending on your distance, also aid stations will be at the pedestrian crossing, in the farm, on the river trail and canning reserve. This is a guide to the approx. distances where aid stations will be accessible to you.

2Km at the start finish only (0km – 2km)

5km at the start finish only (0km – 5km)

10km at (0km – 5km – 8km – 10km)

21km at (0km – 6.5km – 11km – 15.5km – 21.1km)

42km at (0k–5k–7.5k–12k–14k–18k–19.5k–25.5k–30k–34.5k– 42.2km)

50km at(0k–4k–9k–11.5k–16k–18k–22k–23.5k–30k–34.0k–38.5k– 49.5k–50km

Wurundjeri People

Our event is being held on the lands of the Wurundjeri and Bunurong People, we acknowledge them as Traditional Owners of the land we are on today.

Personal Belongings

An area will be provided for personal belongings however the race director takes no responsibility for the safe keeping, if you intend to have valuables, please consider locking them in your car out of view.

Music Device

It is our preference you do not use music during your run, get to know your fellow runners and support each other along the journey. It is also extremely important that you hear instructions from officials and warnings from other runners. Remember many runners will be offering you encouragement and so will supporters, so please consider how you may be able to hear and acknowledge the support you will receive. Also, it is extremely important you are aware of your surrounds, and none race users, these may be other public users / hikers. This is a great location, listen and enjoy the natural surrounds of the park.

Cut Off Times

We generally do not enforce cutoff times, however we would prefer to know if you are likely to finish your event after 3pm as aid stations will be packed down. This should only ever apply to the 42km and 50km events as all others can be slow walked well before 3pm. So if you are a 42km or 50km runners that might take longer than 7 ½ hrs, please let us know at least 48hrs before the event and we will look to start you at 7:00am, conditions apply for early starters. Early starters are for slower runners only and exclude you from the podium as you should not be starting early if you can podium. Exception (example) if only 3 Females in 50km then we present podium to an early starter after considering times if required.

Early Starts by arrangement only

Applies to 50km, 42km Only. You can request via email only to start early. Early starts must be confirmed no later than Friday before Race day. Early starts are for slower runners only and early starters cannot podium, unless there are 3 or less in your event.

Course Measurement

Trailspus always try to ensure courses are equal to or longer than advertised, however, on occasions due to track closures or last minute changes, course may end up shorter than planned.

Course Notes and Safety

ROAD CROSSING



There is one road crossing in Brimbank Park for 50, 42 and 10km runners, this is located high on the escarpment. The crossing is configured as a Pedestrian Crossing and crosses the main entry road into the park. The speed limit is 20km/h. However, we will still have a Marshal stationed here to ensure you safely cross the road. Although vehicles by law should give way, we assume they don't. Therefore, don't assume right of way and be sure to listen to the marshal.

OUR PERMIT REQUIRES THAT WE STOP RUNNERS

WE MUST NOT STOP TRAFFIC

PLEASE EXERCISE DUE CARE HERE

TREAT IT LIKE ANY PEDESTRIAN CROSSING WITH CARE

PLEASE FOLLOW THE INSTRUCTIONS OF MARSHALS AND OFFICIALS

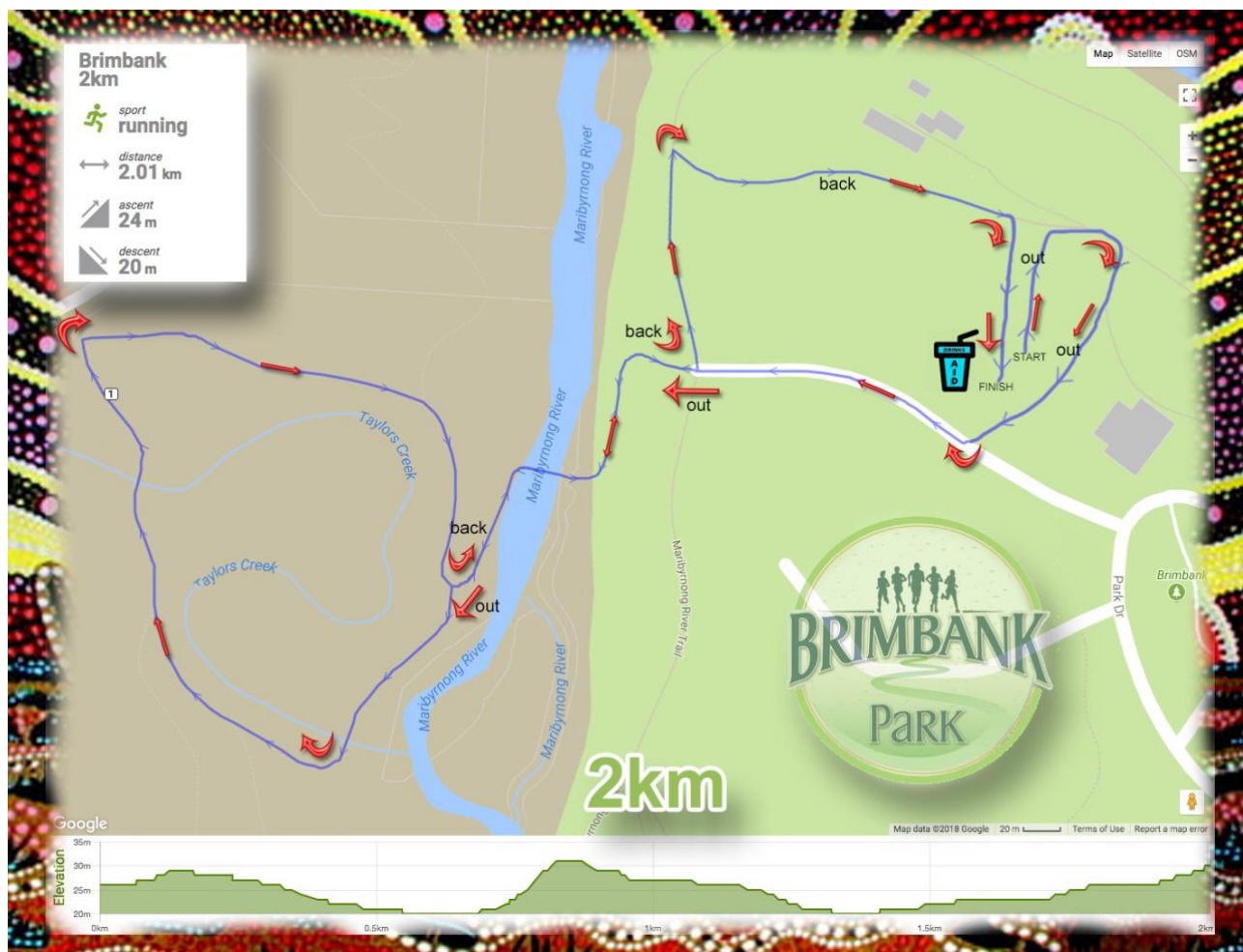
Your Course Maps, Study your distance only

Access the Park form Keilor Park Drive, Gate Open 6am

Park in carpark as directed and follow arrows to the start line and registration area.



2km Map

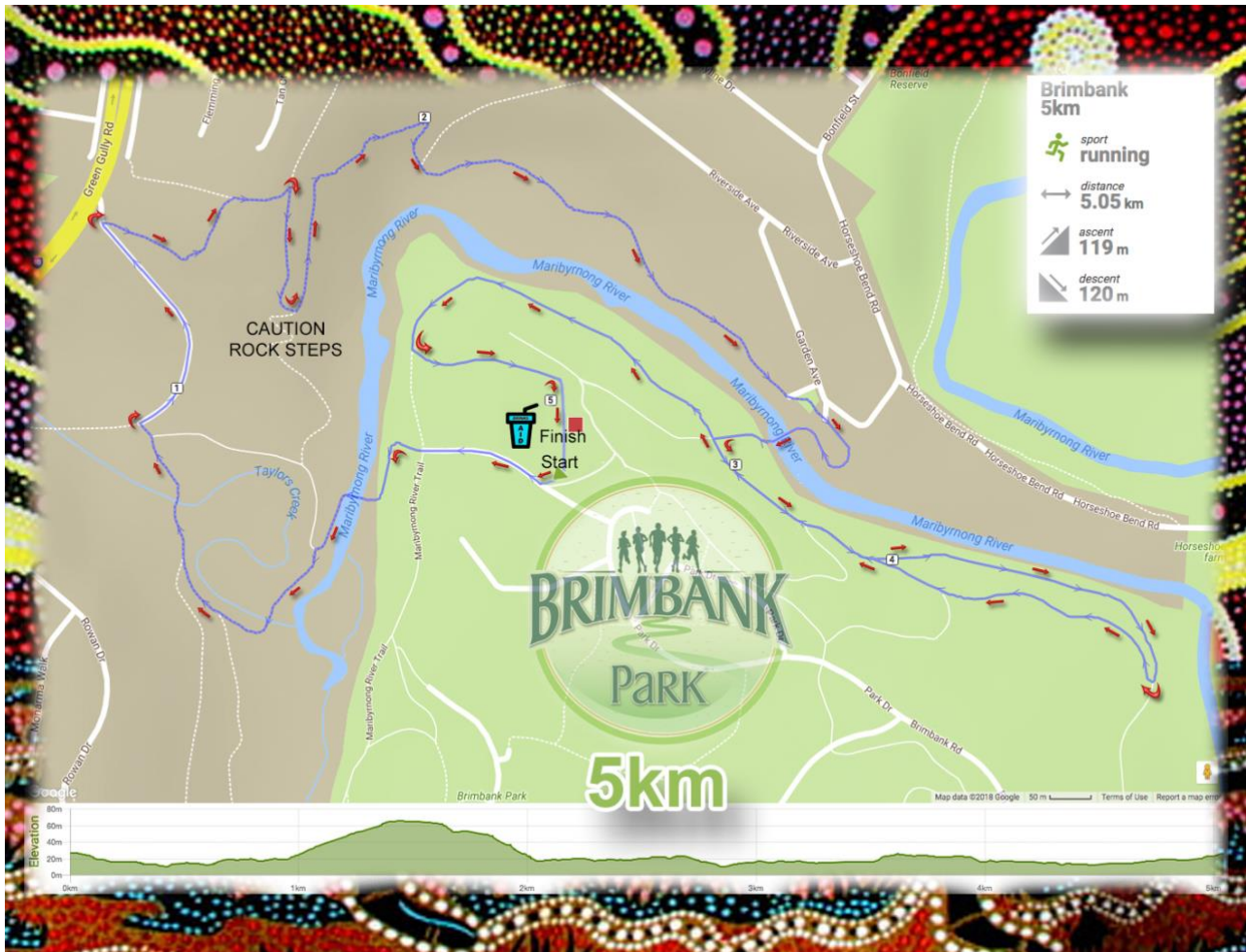


2km Course Instructions

The **2km** starts at the main start / finish area near in a reverse direction at the start line. Participants will follow marshal directions before merging with another track you continue straight ahead and will see several signs; YOU go straight ahead at the crossroads and wind down and cross the river. PLEASE take care the surface is rough blue stones. Once you do the short climb out from the river crossing you take the **LEFT HAND** dirt trail and cross the **WOODEN BRIDGE** over Taylor's creek. You now do a clockwise loop, crossing a small concrete causeway then arrive at a junction where you turn **RIGHT**, all other distance events will go straight ahead up the hill. Once you go to the right (**1KM**) stay on the bitumen path and head back to the river crossing. Again, take care on the rough surface. Once you come out from the river crossing you will do a **LEFT** turn at the cross roads, continue about 100M and turn **RIGHT**, head up the path and turn right to enter the grass area and cross under the finish line. (**2KM**)

CONGRATULATIONS collect your medal enjoy the post race, while supporting others finishing or continuing for another loop.

5km Map



5km Course Instructions

The 5km course Starts on the grass area below the cafe. Participants turn right at the path, then continue straight ahead and will see several signs, YOU go straight ahead at the crossroads and wind down and cross the river. PLEASE take care the surface is rough blue stones. Once you do the short climb out from the river crossing you take the left hand dirt trail and cross the wooden bridge over Taylors creek. You now keep right, crossing a small concrete causeway then arrive at a junction, **(1KM)** you will go straight ahead up the hill. Wind up the hill and across the high escarpment (enjoy the views over the park) once up high you will keep the houses on your left and do a hard right turn at the last house. (You never leave the Park Boundary) You will descend a short set of stairs made from rocks, PLEASE TAKE CARE, at the bottom of the stairs you turn left along the trail then descend down to the flats, watch out for the sharp turn on the descent, its tricky. **(2KM)** Once on the flat keep houses on left and river on right, at the end of the houses the dirt trail merges with the rear entry road, join the road and wind down and cross the river. When you climb out of the river crossing you will take the left turn **(3KM)** follow the flat bitumen trail keeping left at each of the next two junctions, keeping the river close to you. After a short sharp climb you will do a hook turn on the upper river trail, now head back in the direction you came but on the higher trail. You will soon descend to the lower trail you were on earlier **(4KM)** keep going straight on this trail keeping the river on your right, continue straight past the junction you came out from the river crossing earlier, keeping the river on your right continue through the dip and up around the sweeping bend. At the top of the sweeping bend you turn left and head for the finish line, it's a gentle uphill grade turn right off the path at the event sponsor fences head to the finish gantry. **(5KM)**

CONGRATULATIONS collect your medal enjoy the post race café environment, while supporting others finishing or continuing for another loop.

10km Map



10km Course Instructions

The **10km** course Starts on the grass area below the cafe. Participants turn left at the path, then continue up behind the café and veer left down the hill, at the 3 way junction Participants will veer right and head down the hill and do a hairpin turn at the 4 way track junction, take the first left and follow the river path. Pass the water drink fountain and continue straight ahead around the sweeping bend, pass one corner (on your left) and keep going straight and then turn right at the next cross roads, you continue down the path, YOU wind down and cross the river. PLEASE take care the surface is rough blue stones. Once you do the short climb out from the river crossing you take the left hand dirt trail and cross the wooden bridge over Taylors creek(**1KM**). You now keep right, crossing a small concrete causeway then arrive at a junction, you will go straight ahead up the hill. Wind up the hill, bitumen at first then dirt and across the high escarpment (enjoy the views over the park) once up high you will keep the houses on your left and do a hard right turn at the last house. (**2KM**) (You never leave the Park Boundary) You will descend a short set of NEW wooden stairs, PLEASE TAKE CARE, at the bottom of the stairs you turn left along the trail then descend down to the flats, watch out for the sharp

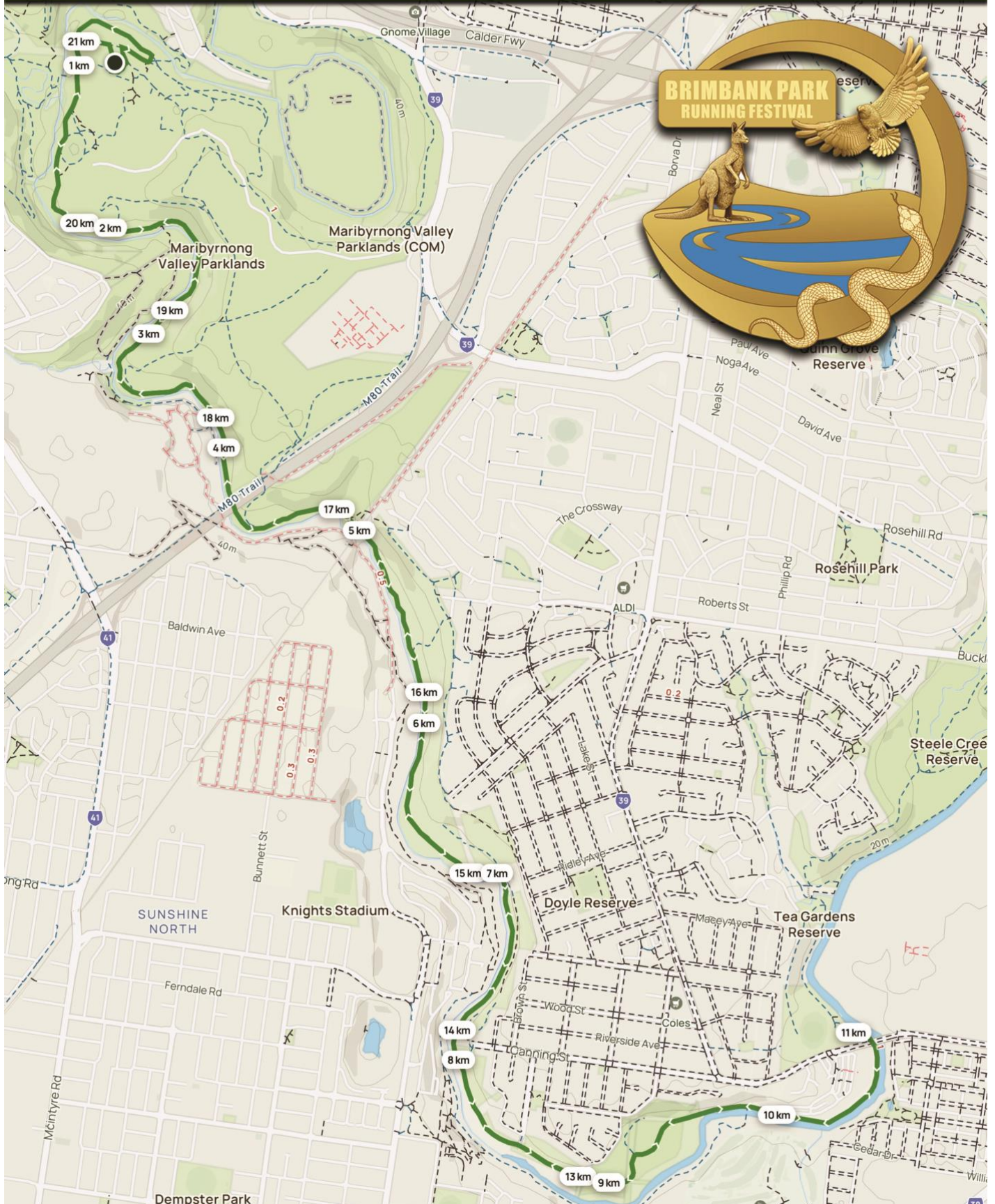
turn on the descent, its tricky. Once on the flat keep houses on left and river on right, at the end of the houses the dirt trail merges with the rear entry road, **(3KM)** join the road and wind down and cross the river. When you climb out of the river crossing go straight then take the left turn follow the flat bitumen trail keeping left at each of the next two junctions, keeping the river close to you. After a short sharp climb **(4KM)** you will do a hook turn on the upper river trail, now head back in the direction you came but on the higher trail. You will soon descend to the lower trail you were on earlier keep going straight on this trail keeping the river on your right, continue straight past the junction you came out from the river crossing earlier, keeping the river on your right continue through the dip and up around the sweeping bend **(5KM)**. At the top of the sweeping bend you turn left and head for the finish line, it's a gentle up hill grade as you approach the finish be sure to stay right for your next 5km section. This time you head below the café, keep right then at the cross roads turn left and head down past the gazebo **(6KM)** you head straight past the oval with powerlines overhead continue on path keeping river on right side at the corner climb the short steep hill continue on the bitumen path around the playground **(7KM)** and then up the long straight bitumen hill, At the very top of the hill do a sharp left remain on bitumen DO NOT GO ON DIRT TRAIL. Continue along the path enjoying the views of the whole park below you left, follow path around right to the aid station / pedestrian crossing. **(8KM)** TAKE CARE crossing the road. Once you safely cross the road you turn left and go down hill, enjoy but don't get out of control. Near the bottom take the first path to the left, you have been here before at your 4Km distance, now you do exactly as you did earlier. You will soon descend to the lower trail you were on earlier **(4KM)** now **(9KM)** keep going straight on this trail keeping the river on your right, continue straight past the junction you came out from the river crossing much earlier, keeping the river on your right continue through the dip and up around the sweeping bend. At the top of the sweeping bend you turn left and head for the finish line it's a gentle uphill grade turn right off the path at the event sponsor fences head to the finish gantry **(10KM)**

CONGRATULATIONS collect your medal, return your timing chips enjoy the post race café environment, while supporting others finishing or continuing for another loop.

21.1km Map

Brimbank Park

21.1km



21.1km Course Instructions

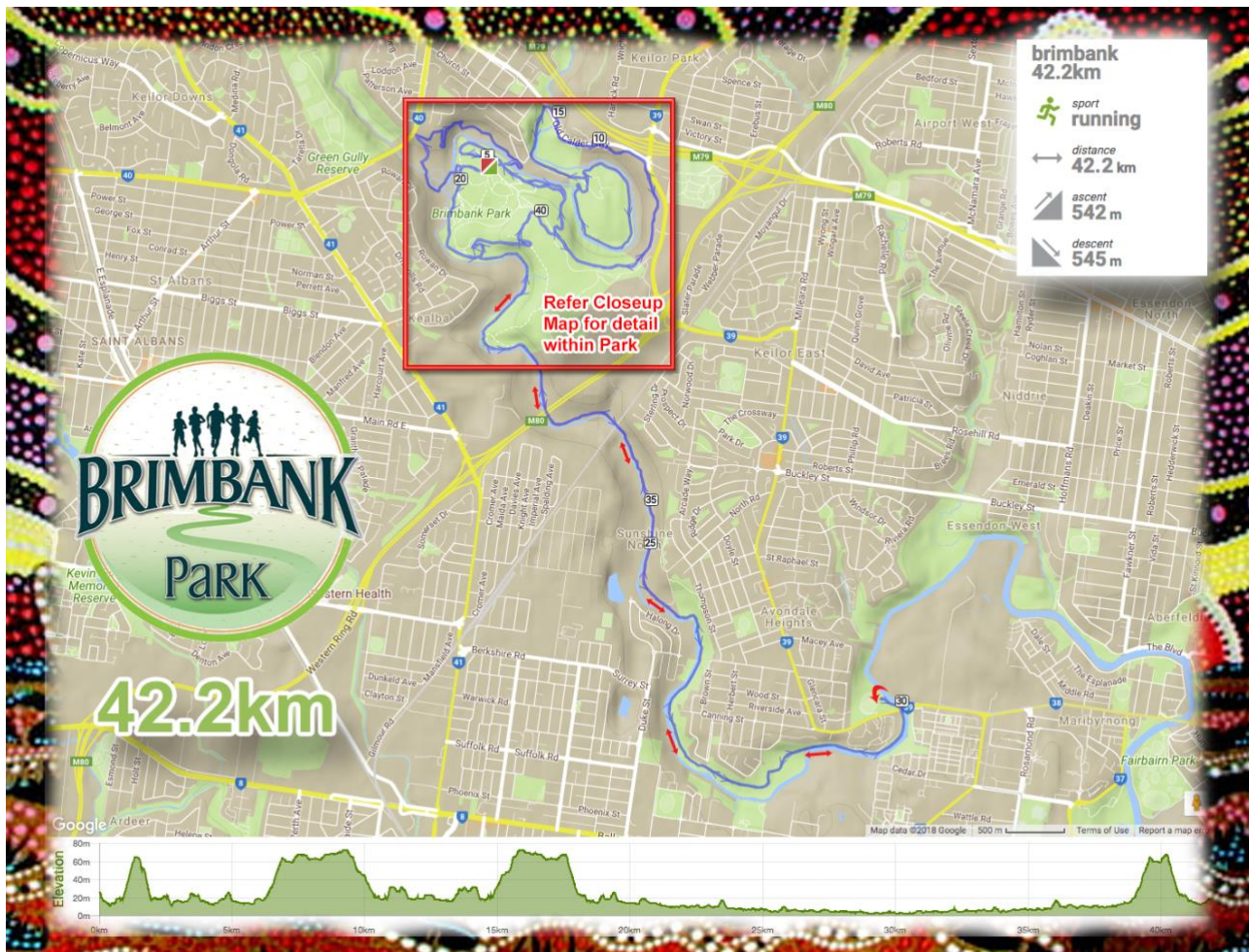
The **21.1km** course is a simple out and back course, You will keep the river on your right on the way out and on your left on the way back, you do not cross the river at any stage. Start below the cafe.

Participants will veer left after starting, up the small hill below the café, continue left toward Dodds Homestead then take the right long downhill. At the bottom of the downhill, you go hard left on to the trail. Continue along around the bend and past our marshalled cross paths **(1KM)** head down past the Gazebo and under the high voltage power lines, continue on the path keeping river on right side at the corner climb the short steep hill. As you approach the playground, you veer right onto the dirt river trail where the fence ends, a short downhill drop **(2KM)**. You will remain on the river trail for approximately 9km, having passed under the Western Ring Road, **(4KM)** and the trestle railway bridge. Stay on the river trail to the aid station **(6KM)** continue under the Water Pipe bridge and then under Maribyrnong road where you arrive at the rotunda Aid Station in Canning Reserve. **(11KM)**

At this point refuel and retrace your footsteps back along the river trail. Keep the river on your left and wind your way under the waterpipe bridge, you will soon arrive at the aid station. **(15KM)** After the aid station continue along the river trail under the railway bridge **(17KM)** and western ring road all the way back to the bitumen path at the playground **(20KM)**. Climb the small dirt hill to the bitumen path and turn left back toward the start area. Stay on the trail with the river on your left, continue back under the high voltage power lines, past the gazebo and through the cross path junction, then turn right **(21KM)** toward the finish it's a gentle uphill grade turn right off the path at the event sponsor fences head to the finish gantry **(21.1KM)**

CONGRATULATIONS collect your medal enjoy the post race café environment.

42.2km Map



42.2km Course Instructions

The **42.2km** consists of 3 x sections, Section 1 is the 5km course (5km), Section 2 takes in Horseshoe Bend Farm (16km) and Section 3 takes in the river trail to canning reserve and back (21km). Please refer to both maps above.

Section 1 is the 5km course (5km)

The course Starts below the cafe. Participants will veer right, and continue straight ahead and will see several signs, YOU go straight ahead at the crossroads and wind down and cross the river. PLEASE take care the surface is rough blue stones. Once you do the short climb out from the river crossing you take the left hand dirt trail and cross the wooden bridge over Taylors creek. You now keep right, crossing a small concrete causeway then arrive at a junction, **(1KM)** you will go straight ahead up the bitumen road hill. Wind up the hill and across the high escarpment (enjoy the views over the park) once up high you will keep the houses on your left and do a hard right turn at the last house. You will descend a short set of stairs made from rocks, PLEASE TAKE CARE, at the bottom of the stairs you turn left along the trail then descend down to the flats, watch out for the sharp turn on the descent, its tricky. **(2KM)** Once on the flat keep houses on left and river on right, at the end of the houses the dirt trail merges with the rear entry road, join the road and wind down and cross the river. When you climb out of the river crossing you will take the left turn **(3KM)** follow the flat bitumen trail keeping left at each of the next two junctions, keeping the river close to you. After a short sharp climb you will do a hook turn on the upper river trail to your right, now head back in the direction you came but on the higher trail. You will soon descend to the lower trail you were on earlier **(4KM)** keep going straight on this trail keeping the river on your right, continue straight past the junction you came out from the river crossing earlier, keeping the river on your right continue through the a dip and up around the sweeping bend. At the top of the sweeping bend you turn left and head for the finish line, it's a gentle up hill grade turn right off the path at the event sponsor fences head to the finish gantry. **(5KM)**

Section 2 takes in Horseshoe Bend Farm (16km)

Pass through the start finish gantry again, turn right on the path, head down to cross road junction and this time turn left and head down past the Gazebo and under the high voltage power lines, continue on path keeping river on right side at the corner climb the short steep hill **(6KM)** continue on the bitumen path around the playground and then up the long straight hill, At the very top of the hill **(7KM)** keep left on the bitumen and wind around to the pedestrian crossing and aid station, **CAUTION EVEN THOUGH IT'S A PEDESTRIAN CROSSING LOOK BOTH WAYS.** At the aid station take the path to the right, follow this path all the way around the perimeter of the park. Pass the entry gate and unused car park **(9KM)** continue toward the traffic lights. Don't exit the park, descend the hill and cross over the bridge on the footpath, **CAUTION** you are near **TRAFFIC (10.5KM)** turn left through the gap in the safety rail onto the dirt trail,

DO NOT STAY OUT ON THE PATH OVER 2nd BRIDGE, descend the concrete path and go through through the park gate on the left, follow the single dirt trail to the wooden stairs **(11KM)**. At the top of the Stairs veer left stay inside the park on the dirt trail, continue to the end of the trail and exit the gate onto the entry road into Horseshoe Bend Farm. Enter the farm via the gate, continue straight ahead to the aid station. Go straight past the aid station and follow the road around past the old buildings and past the toilet block. Follow trail back up past the sheds and turn left, **(12KM)**. Wind down on to the river trail and follow the trail around for 2km. You will arrive back at the aid station, **(14KM)**. Turn right and head out of the farm gate. Go back through the gate on your right on to dirt trail, retrace your steps back toward the wooden steps, descend the steps with care **(14.5KM)**, follow the single trail back to the gate and head up over the highway bridge via the gap in the safety rail. After crossing the bridge turn right off the bridge and head backup the hill. Continue up to the traffic lights **(16KM)**. Remain in the park, follow the trail all the way around passing the old car park on your left. Head through the gate **(17KM)** and onto the Aid station near the pedestrian Crossing **(18KM)**. Descend the winding hill to the right, take care it's a fast decent, at the bottom take the upper left path, you were here much earlier, drop down the small hill and rejoin the lower river trail **(18.5KM)** and continue straight past the multi track junction you came out from the river crossing earlier, keeping the river on your right continue through the a dip and up around the sweeping bend. At the top of the sweeping bend you turn left and head for the finish line, it's a gentle uphill grade turn right off the path at the event sponsor fences head to the finish gantry **(19.5KM)**.

Section 3 takes in the river trail to canning reserve, (21km).

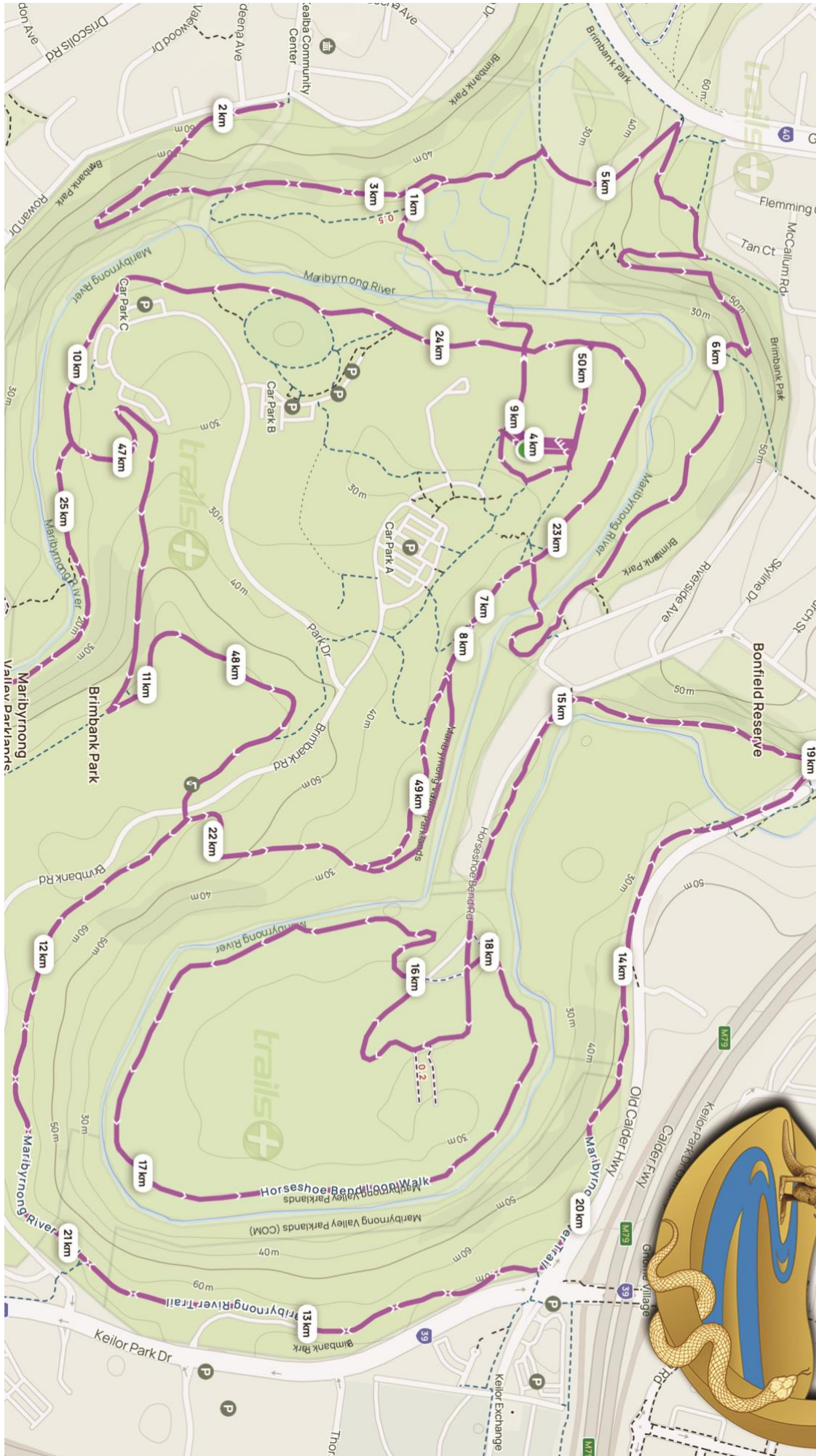
Now its time for our final section, Pass through the start finish gantry for the final time, turn right on the path, head down to cross road junction and this time turn left again, and head down past the Gazebo **(20KM)** and under the high voltage power lines, continue on the path keeping river on right side at the corner climb the short steep hill. As you approach the playground, you veer right onto the dirt river trail where the fence ends, a short downhill drop **(21KM)**. You will remain on the river trail for approximately 9km, having passed under the Western Ring Road, **(23KM)** and the trestle railway bridge. Stay on the river trail to the aid station **(25KM)** continue under the Water Pipe bridge and then under Maribyrnong road where you arrive at the rotunda Aid Station in Canning Reserve. **(30KM)** now turn around and head back along the river trail

R refuel and retrace your footsteps back along the river trail. Keep the river on your left and wind your way under the waterpipe bridge **(31KM)**, you will soon arrive at the aid station. **(34KM)** After the aid station continue on the river trail under the railway bridge **(36KM)** and western ring road all the way back to the bitumen path at the playground **(39KM)**. Climb the small hill, and make a right turn on to the bitumen path and play ground take a hard right turn and wind up the bitumen path to the top. At the very top of the hill remain on bitumen. Continue along the path enjoying the views of the whole

park below to your left, **(40KM)** follow path around right to the aid station / pedestrian crossing. TAKE CARE crossing the road **(40.5KM)**. Once over the crossing turn left Descend the winding hill, take care it's a fast decent, at the bottom take the upper left path, you were here much earlier**(41KM)**, drop down the small hill and rejoin the lower river trail and continue straight past the multi track junction you came out from the river crossing earlier, keeping the river on your right continue through the a dip and up around the sweeping bend. At the top of the sweeping bend you turn left and head for the finish line, it's a gentle uphill grade turn right off the path at the event sponsor fences head to the finish gantry **(42.2KM)**.

Congrats you Rock 😊 Legend.

50km Map – Part A (0-25km) in the Park & Farm



Brimbank Park

first 25km
Parks & Farm

50km

ELEVATION 715m



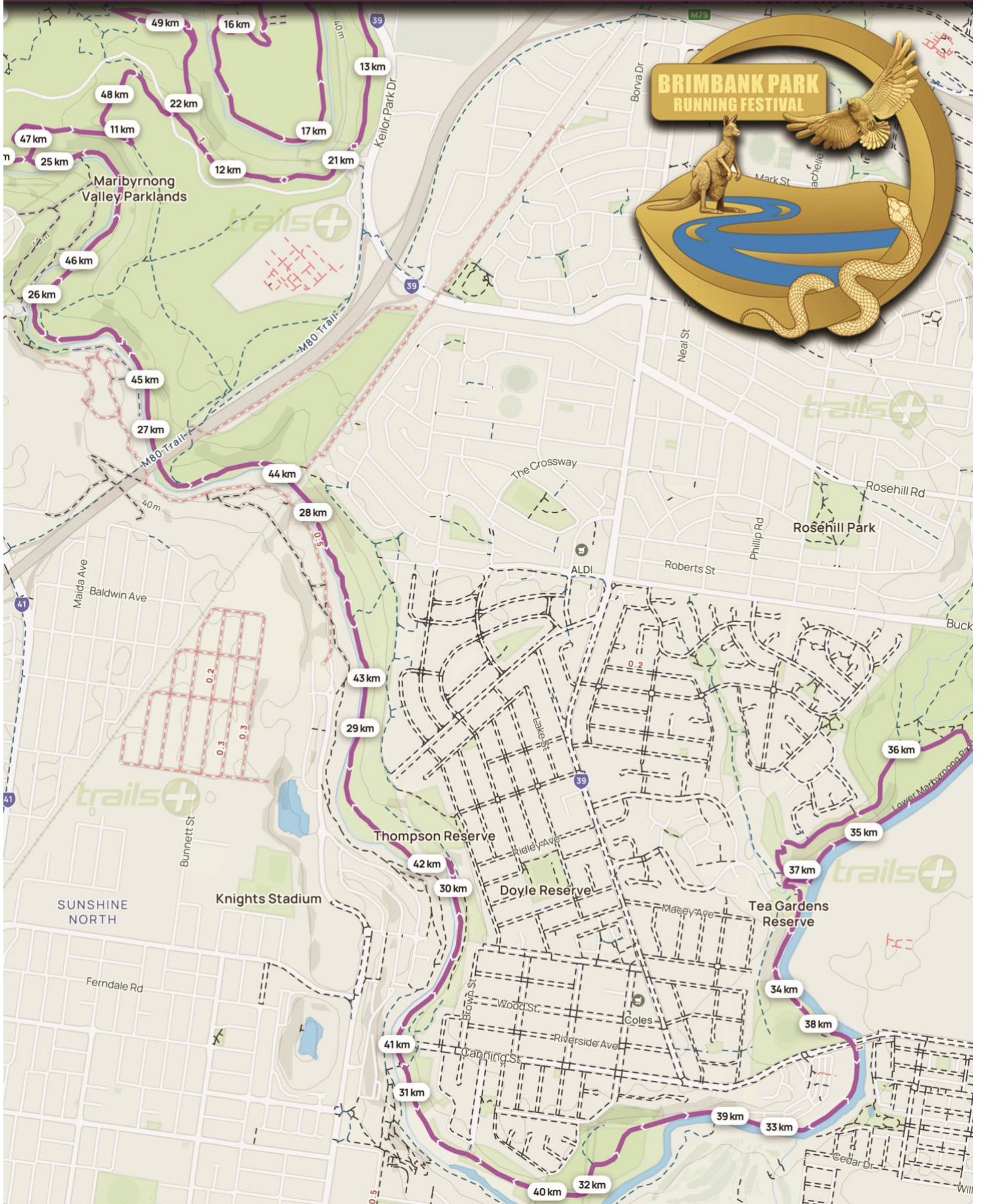
50km Map – Part B (25km-50km) the river trail

Brimbank Park

*second 25km
river trail*

50km

ELEVATION 715m



50km Course Instructions

The **50km** consists of 4 x sections,

Section 1 is a (4km) out and back passing through the start finish.

Section 1 will have temp marshals at key junctions as the first 4km won't be marked per normal markings.

The course Starts below the cafe. Participants will exit the start area left, then veer left toward Dodd homestead again veering left, then at track T junction turn left, then turn right and cross the river, be careful on cobblestones. Follow the trail out of the river crossing and take dirt track left and head over wooden bridge, continue up past first corner where the seat is **(1KM)** at the next hairpin junction do a hard left uphill. Follow this trail all the way around the right turn uphill to the exit gate **(2KM)** do not exit, you turn around here and return back down the hill turn hard left at bottom of steep descent continue to the sharp hairpin turn to the right **(3KM)** head back over the wooden bridge to the river crossing, exit the river crossing and turn left at the cross roads, then turn right back toward the start, pass through the start finish **(4KM)**. Section 1 complete, you are warmed up 😊.

Section 2 is the 5km course (5km)

After passing through the gantry, turn right down the trail, you continue straight ahead and will see several signs and course marshals, YOU go straight ahead at the crossroads and wind down and cross the river. PLEASE take care the surface is rough blue stones. Once you do the short climb out from the river crossing you take the left hand dirt trail and cross the wooden bridge over Taylors creek. You now keep right, crossing a small concrete causeway then arrive at a junction, **(5KM)** you will go straight ahead up the bitumen road hill. Wind up the hill and across the high escarpment (enjoy the views over the park) once up high you will keep the houses on your left and do a hard right turn at the last house. You will descend a short set of stairs. PLEASE TAKE CARE, at the bottom of the stairs you turn left along the trail then descend to the flats, watch out for the sharp turn on the descent, it's tricky. **(6KM)** Once on the flat keep houses on left and river on right, at the end of the houses the dirt trail merges with the rear entry road, join the road and wind down and cross the river. When you climb out of the river crossing you will take the left turn **(7KM)** follow the flat bitumen trail keeping left at each of the next two junctions, keeping the river close to you. After a short sharp climb you will do a hairpin turn on the upper river trail to your right, now head back in the direction you came but on the higher trail. You will soon descend to the lower trail you were on earlier **(8KM)** keep going straight on this trail keeping the river on your right, continue straight past the multi track junction you came out from the river crossing earlier, keeping the river on your right continue through the a dip and up around the sweeping bend. At the top of the sweeping bend you turn left and head for the finish line, it's a gentle up hill grade turn right off the path at the event sponsor fences head to the finish gantry **(9KM)**.

Section 3 takes in Horseshoe Bend Farm (16km)

Pass through the start finish gantry again, turn right on the path, head down to cross road junction and this time turn left and head down past the Gazebo and under the high voltage power lines, continue on path keeping river on right side at the corner climb the short steep hill **(10KM)** continue on the bitumen path around the playground and then up the long straight hill, At the very top of the hill **(11KM)** keep left on the bitumen and wind around to the pedestrian crossing and aid station, **CAUTION EVEN THOUGH IT'S A PEDESTRIAN CROSSING LOOK BOTH WAYS.** At the aid station take the path to the right, follow this path all the way around the perimeter of the Park, Pass the entry gate and unused car park **(13KM)** continue toward the traffic lights. Don't exit the park, descend the hill and cross over the bridge on the footpath, **CAUTION** you are near **TRAFFIC (14.5KM)** turn left through the gap in the safety rail onto the dirt trail, **DO NOT STAY OUT ON THE PATH OVER 2nd BRIDGE**, descend the concrete path and go through through the park gate on the left, follow the single dirt trail to the wooden stairs **(15KM)**. At the top of the Stairs veer left stay inside the park on the dirt trail, continue to the end of the trail and exit the gate onto the entry road into Horseshoe Bend Farm. Enter the farm via the gate, continue straight ahead to the aid station. Go straight past the aid station and follow the road around past the old buildings and past the toilet block. Follow trail back up past the sheds and turn left, **(16KM)**. Wind down on to the river trail and follow the trail around for 2km. You will arrive back at the aid station, **(18KM)**. Turn right and head out of the farm gate. Go back through the gate on your right on to dirt trail, retrace your steps back toward the wooden steps, descend the steps with care **(18.5KM)**, follow the single trail back to the gate and head up over the highway bridge via the gap in the safety rail. After crossing the bridge turn right off the bridge and head backup the hill. Continue up to the traffic lights **(20KM)**. Remain in the park, follow the trail all the way around passing the old car park on your left. Head through the gate **(21KM)** and onto the Aid station near the pedestrian Crossing **(22KM)**. Descend the winding hill to the right, take care it's a fast decent, at the bottom take the upper left path, you were here much earlier, drop down the small hill and rejoin the lower river trail **(22.5KM)** and continue straight past the multi track junction you came out from the river crossing earlier, keeping the river on your right continue through the a dip and up around the sweeping bend. At the top of the sweeping bend you turn left and head for the finish line, it's a gentle uphill grade turn right off the path at the event sponsor fences head to the finish gantry **(23.5KM)**.

Section 4 takes in the river trail and beyond canning reserve, (25km).

Now its time for our final section, Pass through the start finish gantry for the final time, turn right on the path, head down to cross road junction and this time turn left and head down past the Gazebo **(24KM)** and under the high voltage power lines, continue on the path keeping river on right side at the corner climb the short steep hill. As you approach the playground, you veer right onto the dirt river trail where the fence ends, a short downhill drop **(25KM)**. You will remain on the river trail for approximately 9km, having passed under the Western Ring Road, **(27KM)** and the trestle railway bridge. Stay on the river trail to the aid station **(29KM)** continue under the Water Pipe bridge and then under Maribyrnong road where you arrive at the rotunda Aid Station in Canning Reserve. **(34KM)** Continue on the concrete path for 1km then turn off on the single track after the drain, head toward the river, follow the river for 1km **(35KM)** before turning left and climbing a small hill, once up the hill you will head along the trail to a junction, veer left and start the big climb **(36KM)** up behind the houses. Take a moment to enjoy the city views. Continue behind the houses and snake back down to the river. At the river turn right and follow the water drain **(37KM)** back to the concrete path. Turn left on the path and head to the aid station at the gazebo. **(38KM)**

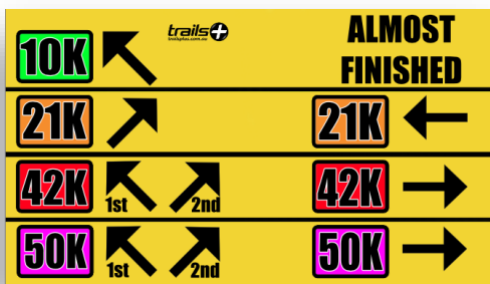
At this point refuel and retrace your footsteps back along the river trail. Keep the river on your left and wind your way under the waterpipe bridge **(39KM)**, you will soon arrive at the aid station. **(42KM)** After the aid station continue on the river trail under the railway bridge **(44KM)** and western ring road all the way back to the bitumen path at the playground **(47KM)**. Climb the small hill, and make a right turn on to the bitumen path and play ground take a hard right turn and wind up the bitumen path to the top. At the very top of the hill remain on bitumen. Continue along the path enjoying the views of the whole park below to your left, **(48KM)** follow path around right to the aid station / pedestrian crossing. TAKE CARE crossing the road **(48.5KM)**. Once over the crossing turn left Descend the winding hill, take care it's a fast decent, at the bottom take the upper left path, you were here much earlier**(49KM)**, drop down the small hill and rejoin the lower river trail and continue straight past the multi track junction you came out from the river crossing earlier, keeping the river on your right continue through the a dip and up around the sweeping bend. At the top of the sweeping bend you turn left and head for the finish line, it's a gentle uphill grade turn right off the path at the event sponsor fences head to the finish gantry **(50KM)**.

Congrats you Rock 😊 Legend.

Signs and Markings

Brimbank Park Running Festival uses various course markers, the common ones are our orange and red signs and orange ribbons.

We also use some distance specific signs that you need to follow as some distances take different trails in some locations.



Weather Forecast

This is the current 10 day forecast, we always try to remind you of latest conditions closer to the event if there is a significant change, currently it looks perfect for running.






Trailsplus events proudly supported by the following amazing companies and products.



Other Events to plan for

Trailsplus conduct between 12-18 events in various locations around Victoria

 <p>Australia's rooftop run, where the strong and determined are rewarded.</p> <p>18 Jan 2025</p>	 <p>"Last One Standing" format, where everyone is tied for first place every hour.</p> <p>31 Jan 2025</p>	 <p>A trail running treat to challenge and wow you. You'll see the light at the Prom.</p> <p>22 Feb 2025</p>	<p>Open</p>  <p>Nestled on the Maribyrnong River, a community focused event for all ages and abilities.</p> <p>23 Mar 2025</p>	<p>Permit Pending</p>  <p>Get ready for an Otway adventure to suit all abilities.</p> <p>TBA</p>	<p>Open</p>  <p>Steeped in history and steep on the trail, where all your senses come to life.</p> <p>20 Apr 2025</p>
<p>Permit Pending</p>  <p>Escape to the country!! Information on its way.</p> <p>4 May 2025</p>	<p>Open</p>  <p>Run the pleasant, wooded trails under the international flight path and alongside the retired race horses.</p> <p>25 May 2025</p>	 <p>Inspired by the Barkley Marathon, something will break, will it be you?</p> <p>TBA</p>	<p>Permit Pending</p>  <p>Let your inner beast run wild!! Information on its way.</p> <p>15 Jun 2025</p>	<p>Open</p>  <p>Trailsplus birth place and home of the Bunjil, panoramic views.</p> <p>12-13 Jul 2025</p>	 <p>Home of the little penguin, a unique trail experience taking you places not normally accessible.</p> <p>TBA</p>
 <p>Majestic and wonderful, single trail heaven, waterfalls, river crossings, ocean views, a real gem.</p> <p>16 Aug 2025</p>	 <p>Magical and mystical, through fog, rain and clear skies, truly an adventure.</p> <p>5 Oct 2025</p>	 <p>Dress up and make this a scary fun night of trail adventures, perfect for the whole family.</p> <p>TBA</p>	 <p>A truly special event, born from the community spirit following the Black Saturday bushfires.</p> <p>8-9 Nov 2025</p>	 <p>Prepare for Christmas with a diminishing time, laps challenge. See how far you can go.</p> <p>14 Dec 2025</p>	 <p>Celebrate the new year with us in a fun, relaxing atmosphere with spectacular views of fireworks.</p> <p>31 Dec 2025</p>